Wednesday, February 5, 2014

metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

OTTAWA metro®

NEWS WORTH SHARING.

GAGA FREE

LIVE 88·5 FM

LIGHT SHOW OF A LIFETIME

TOURISTS FROM AROUND THE GLOBE FLOCK TO CANADA'S NORTH TO GET A GLIMPSE OF THE AURORA BOREALIS PAGE 20

Talent scout gets sentenced to jail

Saroor Hassan Zaidi pleaded guilty to defrauding the public PAGE 4

Several locals receive Juno nod

Ottawa musicians among nominees for the awards show to be held in March PAGE 3

United Way $5M short of $21M goal

Clarissa Arthur, the child development program co-ordinator of MMBOW at the Youville Centre in Ottawa, plays with 13-month-old Liam Brennan, left, and Mahlaiyah Besau on Tuesday. JOE LOFARO/METRO

Make or break.
Funds could mean the difference between services or no services for 19,000 people

JOE LOFARO
joe.lofaro@metronews.ca

The United Way is putting the focus more on the number of people who need help instead of the hard cash it needs to raise as the second half of their annual charitable campaign comes to an end.

But it still needs the cash — $5 million more, to be exact.

Campaign co-chairs Goldy Hyder and Barbara Crook said Tuesday 57,000 people have benefited from the $16 million raised so far in the campaign. The charity said 19,000 will be left behind unless the public steps in and makes a donation to meet the $21-million goal.

"I'm not sure they care about a number, nor should they," said Hyder. "What they care about is that number making a difference in their lives. Is the generosity in Ottawa making any difference in their lives?"

He and Crook invited the media to the Youville Centre in Sandy Hill Tuesday to see firsthand how past donations have made a difference in people's lives. Crook said to date, $44,000 has gone to the Me, My Baby, our World (MMBOW) program at Youville, which teaches young or single moms how to be a good parent.

"People can see the direct impact they're making. It's not just something that's coming off your paycheque," said Hyder, referring to workplace charitable campaigns.

Clarissa Arthur graduated from the Youville Centre in 1996 after having her son at 18. Now, she is the child development program co-ordinator of MMBOW and says she wouldn't be where she is today without the help of Youville.

"I would definitely say that every single little bit of support helps," said Arthur. "The support that goes to the United Way goes to so many programs, especially ones like this."

The deadline to make a donation is March 31. Donations can be made through a workplace charitable campaign, unitedwayottawa.ca, or by calling 613-228-6767.

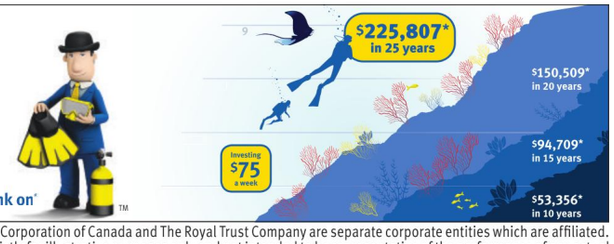
RBC Royal Bank

When you've finally got the time – have the money too.

Regularly investing $75 a week opens up extraordinary possibilities.

Start today. Visit a branch or rbc.com/scuba or call 1-866-233-2736.

Advice you can bank on™



Financial planning services and investment advice are provided by Royal Mutual Funds Inc. (RMFI). RMFI, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and The Royal Trust Company are separate corporate entities which are affiliated. RMFI is licensed as a financial services firm in the province of Quebec. * The example assumes a 6% annual rate of return in a Registered Retirement Savings Plan. Example is strictly for illustrative purposes only and not intended to be representative of the performance of any actual or future investment available to investors. Actual client returns may differ substantially. ® / TM Trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence. © 2014 Royal Bank of Canada. All rights reserved.

porter
flying refined

It's showtime! Save up to 50% off base airfares on Porter flights.

The curtain's up on big savings to great destinations. You're the star of this show, so just book online at flyporter.com and sparkle with the savings. Your savings of up to 50% off base fares are ready for their close-up. Book by Friday, February 7.

up to **50% OFF** base fares

Flights from Ottawa. Book by February 7, 2014. Travel by June 15, 2014. Up to 21-day advance purchase may be required.
One-way fares include all taxes, surcharges and mandatory fees. Additional charges may apply for checked baggage and other optional services.*
Fares starting from:

HALIFAX 3 x daily	MONCTON Daily	ST. JOHN'S 2 x daily	TORONTO 16 x daily	QUÉBEC CITY	SAULT STE. MARIE	SUDBURY	THUNDER BAY	TIMMINS
$162	$155	$195	$99	$202	$175	$154	$175	$175

WINDSOR	BOSTON	CHICAGO	MYRTLE BEACH Service begins Feb. 13	NEW YORK	VERMONT	WASHINGTON Dulles
$152	$205	$205	$274	$205	$201	$207

Book online or contact your travel agent.

flyporter.com

porter Escapes

Vacation packages from Ottawa. Vacation travel dates vary by package. Limited availability. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full listings and availability, please visit our website.**

★★★★ **TORONTO**
$361
Eaton Chelsea
Standard Room
Dept. February 18, 19, 20
Nights: 2

★★★★ **NEW YORK**
$701
Nu Hotel
Standard Room
Dept. March 16, 17, 23
Nights: 2
Includes Continental Breakfast daily. Fly to and from Newark.

★★★★ **WASHINGTON**
$721
Liaison Capitol Hill
Deluxe Room
Dept. March 6, 7, 8, 15
Nights: 2
Fly to and from Washington Dulles.

★★★★ **HALIFAX**
$583
Cambridge Suites Hotel Halifax
Studio
Dept. March 17, 19, 20
Nights: 2
Includes Continental Breakfast daily.

Book packages online, contact your travel agent or call Porter Escapes 1-855-372-1100. TTY – Dial "711". porterescapes.com

* Book by 11:59 pm Eastern Time February 7, 2014. Travel by June 15, 2014. Up to 21-day advance purchase may be required. Advertised fares may not be available April 18 - 21, 2014 and May 16 - 19, 2014. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as $150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to $200 per person per direction, plus any fare differential. Other significant conditions (including a $25 first-checked bag and $35 second-checked bag fee to and from the U.S., a $20 second-checked bag fee for flights in Canada, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines. Packages include return airfare, all taxes, surcharges and mandatory fees. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.

tico.ca
Travel Industry Council of Ontario

Stabbing

Jagtar Gill homicide detectives looking at security video

Ottawa Police are poring over security video obtained from the neighbourhood where an Ottawa woman was stabbed to death last week.

Ottawa police spokesperson Carole Lavigne confirmed to Metro that security footage has been obtained from neighbours and the real estate developer of Half Moon Bay — the new Barrhaven housing development where the victim Jagtar Gill lived. The 44-year-old Gill, a mother of three, was found by her daughter and husband inside their home last Wednesday.

Det. Bruce Pirt told CBC News that police have not determined if the killing was a targeted or random act. METRO

Feb. 7

Award nomination deadline extended

Immigrant Women Services Ottawa (IWSO) has extended the deadline for nominations for its awards recognizing outstanding organizations, groups or individuals who have demonstrated through their work recognition and respect for Ottawa's diverse community, and who believe violence against women and children must be eliminated.

The nomination deadline has been extended until Feb. 7. The community awards will be presented during the annual Roses and Candles Gala on March 6 at the Hellenic Banquet Centre. METRO

Star QB signs with 'sizeable' RedBlacks

Henry Burris METRO

Ottawa football fans had reason to wonder why star player Henry Burris stopped in to the city.

The 38-year-old veteran quarterback is joining the RedBlacks as starting quarterback this June. He signed a three-year contract with the capital's CFL team, which general manager Marcel Desjardins described as "sizeable" when he made the announcement Tuesday morning.

"I know, for me, this will be my last contract," Burris said. "There's no better way to close this thing out."

Desjardins said he started honing in on Burris when he heard the quarterback was not signing another contract with the Hamilton Tiger-Cats.

"We get a great player, a great person, a player who's going to bring so much to the table for us, not only in terms of his abilities as a quarterback, but in the locker-room, as a leader," he said.

Burris has won two Grey Cups with the Calgary Stampeders. In 2008, he was named the Most Valuable Player after scoring a touchdown and completing 28 of 37 passes for 328 yards. When he played for the Tiger-Cats in 2012, he scored 43 touchdowns and threw 391 completions on 604 attempts for 5,367 yards.

LUCY SCHOLEY/METRO

Several Ottawa artists among Juno nominees

Canada's music awards. Locals getting nods include Amanda Rheaume, MonkeyJunk, A Tribe Called Red

Amanda Rheaume may not be able to revel in the news of being nominated for her first Juno Award with her grandpa Gene, but the Ottawa musician is certainly sending the love to the man who inspired Keep a Fire.

Rheaume's second studio album scored a nod for Aboriginal Album of the Year at this year's Junos — a nomination that has a lot of personal attachment, especially since her grandpa Gene, former Member of Parliament for the Northwest Territories, died late last year.

"I was really close with my grandpa; we would spend hours on the phone and I would type out notes while he told me the stories, and all of them turned into songs and made it onto the album," said Rheaume from Toronto, where she travelled for the announcement Tuesday.

"It just makes this mean so much more. I think that he would be super proud, so I just feel very proud to carry on these stories, especially now."

The Ottawa-born-and-raised songwriter isn't the only national capital musician nominated. Electronic music pioneers A Tribe Called Red scored two nods — for Electronic Album of the Year and Breakthrough Group of the Year — for their 2013 album Nation II Nation.

Blues rockers MonkeyJunk also scored a nomination for Blues Album of the Year with All Frequencies, while Kobo Town was nominated in the World Music Album of the Year Category for Jumbie in the Jukebox.

This year's Juno ceremonies will take place in Winnipeg, March 24-30. A list of nominees can be found at junoawards.ca.

TREVOR GREENWAY/METRO

Ottawa musician Amanda Rheaume has been nominated for a Juno Award for Aboriginal Album of the Year for Keep a Fire. COURTESY SEAN SISK PHOTOGRAPHY

Love to Decorate?
Want to own your own business?
Decorating Den Interiors is expanding in Ottawa. We want you to be part of this exciting opportunity. Home based, or commercial office based, your choice.
Passion for decorating is all you need, we teach you the rest!
Contact us today!
DECORATING DEN
INTERIORS
1-800-263-0242
www.decoratingden.com

Talent scout given six months for misleading actors, models

31 victims. Saroor Hassan Zaidi, subject of a Metro investigative feature, pleads guilty to defrauding the public of over $86,000

JOE LOFARO
joe.lofaro@metronews.ca

A Mississauga, Ont., talent scout who has a history of preying on aspiring young actors and models is facing six months in jail for defrauding 31 people, including an Ottawa woman, over a five-year period.

In November 2012, Metro published an article about Saroor Hassan Zaidi after tracking down four women who said they met him at his studio to audition for various TV and film opportunities. They said they responded to ads on Kijiji from a firm called Casting Toronto and paid Zaidi upwards of $2,550 US for either union fees or acting lessons in the spring of 2012.

After a while, they never saw or heard from him again, they said.

In July 2012, Zaidi denied the allegation in an email to Metro.

In August, Metro reached Zaidi by calling a phone number in Pakistan via Skype. He declined to comment on the allegations and hung up in the middle of the interview.

About three months later, Toronto police charged him with two counts of fraud over $5,000 and 13 counts of fraud under $5,000.

Police announced the charges on Nov. 29, 2012, in a news release, saying they spoke with 15 victims who reported a loss of more than $43,000.

An additional 16 victims came forward since those charges were laid, including an Ottawa woman who lost $1,200, the Ontario Ministry of Consumer Services said.

The 31 victims suffered a total loss of $86,214.50 from 2008 to 2012, according to an agreed statement of facts, with one mother losing $14,250, which was to pay for "union passes" and acting lessons for her daughters to star in a purported Cadbury commercial.

Zaidi's unsavoury business dealings with models date back to the early 2000s, according to the statement of facts. He pleaded guilty in 2007 and paid $8,346.15 in restitution stemming from complaints from consumers about his modelling agency from 2001 to 2004.

Other victims in Alberta and British Columbia contacted the ministry in 2008, which resulted in charges from the Consumer Protection Act. That matter resulted in Zaidi's company entering a plea of guilty and paying a $5,000 fine.

Saroor Hassan Zaidi is seen in this Toronto Police handout photo. CONTRIBUTED

Leblanc murder 'not a cold case': Gatineau police

Valerie Leblanc's grandmother Huguette speaks with Gatineau police spokesman Jean Paul Lemay during a press conference in 2012. JESSICA BEDDAOUI/FOR METRO

Gatineau police say they are doing everything they can to solve the 2011 murder of Valerie Leblanc after the victim's grandmother started an online petition Saturday calling for Quebec provincial police to take over the investigation.

Leblanc's beaten and burned body was found Aug. 23, 2011, near a footpath behind the CEGEP de l'Outaouais in Hull. She was 18.

Huguette Leblanc said the fact that Sûreté du Québec took over the double-homicide investigation of Amanda Trottier and Travis Voutour helped prompt her to start the petition for her granddaughter's case. However, police have said SQ took over because of possible links to organized crime in that case.

"Now they get it right away, so I said, 'Why not Valerie?'" said Leblanc in a telephone interview Tuesday. "We've been asking them to do that since the beginning because we never have any news."

Leblanc said she also believes provincial police are better equipped for solving the case than Gatineau police.

The petition had amassed just under 900 signatures as of late Tuesday afternoon, but it is unlikely to result in any change. And although Leblanc realizes that, she said she feels comforted knowing others are supporting her, and that the petition might put increased pressure on police to find the murderer.

"Just to know that all those people are behind us, that's the best thing that could happen," she said.

Chief Inspector Marc Leduc of Gatineau police declined an interview Tuesday, but issued a written statement to Metro, saying the force has the competence, experience and expertise to crack the case, and has consulted with SQ since the investigation began.

"It is not a cold case and we will never let it go until we find the murderer," the statement read.

"There are no limits to our resources on this investigation and, as per the Police Act, we have (accessed) and used every service available, whether we talk about hypnosis, behavioural and profiling experts or helicopter, just to name a few."

JOE LOFARO/METRO

Highway 417

Woman charged after charging OPP blockade

An Ottawa woman has been charged with impaired driving after striking a police cruiser with her car. OPP say that on Feb. 4 at around 2:55 a.m., two OPP cruisers were slowing traffic on Highway 417 for a road closure near Belfast. While most cars respected the blockade, one driver tried to drive through, and struck one cruiser while trying to drive between them.

Alyssa Sinclair-Hall, 24, was charged with impaired driving and other offences, and is scheduled to appear in court on March 6. METRO

Simply the Best

Cal Best exhibit to launch with premiere of film

The Workers' History Museum will launch its exhibit about the life of Cal Best with the premiere of the film Simply the Best at the Ottawa Public Library's main branch on Metcalfe Street on Feb. 25 at 7:30 p.m. Best was a lifelong activist from Nova Scotia, who would eventually become Canada's first black high commissioner.

The evening will include a panel discussion with the filmmakers and Jamie Bell, Best's son. The event will be hosted by CBC's Adrian Harewood. METRO

La Cité

85 employers expected at college job fair

La Cité College's job placement services is holding a job fair Wednesday.

More than 85 employers and organizations will be meeting with students in their last year of studies.

More than 5,000 students are currently pursuing full-time studies at the college, and some 1,700 will be graduating in 2014.

The event takes place from 10 a.m. to 3 p.m. in the college's gymnasium in Building H. METRO

Fallen athlete. Carleton Ravens women ready to Do It For Daron this Saturday

When the Carleton Ravens women's hockey team suits up this Saturday against the University of Montreal Carabins, they will be doing it for Daron.

Daron Richardson, a 14-year-old competitive hockey player who took her own life in 2010 after struggling with mental health issues, will be remembered at the game, as players, coaches and parents try to bring awareness to mental health issues among youth.

"What we are trying to bring awareness to is the impressionable young adults in our communities and make sure that they aren't suffering in silence," said Daron's father Luke Richardson, former assistant coach of the Ottawa Senators.

Through the Do It For Daron Foundation, Luke and his wife Stephanie, along with friends and supporters, are trying to get people to talk about mental health. The Saturday game, which will donate $4 per ticket to the Do It For Daron Foundation, is one way of starting that conversation.

Daron Richardson FACEBOOK

Richardson says it's still a struggle every day for his family as they try to cope with the loss of Daron, but he added that talking about her is the one thing that helps.

"We are living this and it's hard. But if we didn't do anything, we are still going to be living it and it's still going to be hard," he told Metro. "It's not going to bring back Daron, it's not going to change our situation, but we can make use of the tragedy that we are going through."

Carleton drops the puck for Daron at 2 p.m. at the university's "Ice House."

TREVOR GREENWAY/METRO

Carleton Ravens goalie Tamber Tisdale says she is playing Saturday's game against Montreal in Daron Richardson's name. CONTRIBUTED

Glug suds in the Glebe: WinterBrewed returns

Beer festival. 14 microbreweries from across Ontario expected to serve up frosty pints

LUCY SCHOLEY
lucy.scholey@metronews.ca

If a willingness to wait in long lineups for suds in -30 C is any indication, it seems clear Ottawans love their craft beer.

WinterBrewed organizers say this year they will be better prepared after nearly 12,000 people flocked to the first Ottawa winter beer festival last year.

"It totally floored me," said JP Fournier, the founder and president of the second annual festival, and its summer edition. "I couldn't believe it. We had 6,000 people at the summer one (National Capital Craft Beer Week)."

WinterBrewed is moving indoors this year to the Glebe's Fifth Avenue Court and Arrow & Loon Pub, but Fournier said he hopes to split the event between indoors and outdoors next year. He's also working on shortening the long lineups for craft brews.

The beer selection is usually a bit of a surprise, added Fournier.

"What I can tell you is that the breweries tend to bring the best," he said.

JP Fournier, the founder of WinterBrewed, raises a glass in advance of last year's craft beer festival. The second annual event is moving to the Glebe. GRAHAM LANKTREE/METRO FILE

There will be 14 microbreweries from the Ottawa region and across the province — half of which are new — including "old friends" like Mill Street and Beau's, said Fournier. Hot beer will be served up along with a variety of heavier ales better suited for sipping in colder weather.

"Ottawa is, if I'm not mistaken, one of the top-three craft brew (drinking cities) in Canada," said Fournier.

The second annual WinterBrewed will be at the Fifth Avenue Court and Arrow & Loon Pub Feb. 14-16.

Tickets cost $12 in advance and $15 at the door.

For more information, visit www.winterbrewed.com.

Thirsty city

"It totally floored me.... I couldn't believe it. We had 6,000 people at the summer one."

WinterBrewed founder JP Fournier, on the success of last year's festival and last summer's National Capital Craft Beer Week.

@witsend
YOUR TEAM
THEY CAN TEXT 90 WORDS/MINUTE
BUT CAN'T WRITE A CLEAR EMAIL
YOU NEED THEM TO COMMUNICATE PROFESSIONALLY
THEY NEED TRAINING
#bright
#educated
#talented
#energetic
UPCOMING CLASSES
Writing Emails People Will Read Feb 26, Mar 10, Mar 26
Plain Language Business Writing Feb 19, Mar 03, Mar 19
Writing Reports and Proposals Feb 24, Mar 06, Mar 24
Business Writing for ESL Feb 24, Mar 06, Mar 24
Advanced Plain Writing Skills Feb 21, Mar 05, Mar 21
The Minute Taker's Workshop Feb 25, Mar 07, Mar 25
More courses and options available at www.ib-learning.com
REAL WORLD INSTRUCTORS REAL SKILLS REAL CLASSROOMS
iB LEARNING
DOWNTOWN OTTAWA
1.855.744.7441

Who's got the fastest — and the finest — draw in the capital city?

When art is a battlefield. Talented Ottawans to fight it out for top 20-minute masterpiece

LUCY SCHOLEY
lucy.scholey@metronews.ca

Imagine an artist toiling away at a painting.

Do hundreds of people watching and a 20-minute timeframe come to mind?

Probably not, but that's the setting for contestants in Art Battle, which pits a dozen painters against each other in a quick-and-dirty competition that can yield some impressive artwork.

"A 20-minute painting is a different beast," said Simon Plashkes, co-founder of Art Battle.

Portrait of the artist as a hurried man

"The experience of coming out ... and sharing what you do with others is very novel, unique and exciting for those painters." Simon Plashkes, co-founder of Art Battle

The last Ottawa event sold out to about 300 people, who wandered around to observe the artists complete acrylic paintings in just 20 minutes.

For the avid painter, the tight timeframe is an adrenaline rush, said Plashkes. Some show up with a preconceived idea while others plan on the spot. Many ditch their usual stroke techniques.

"Painting is really, generally speaking, a very isolated art form. You work long hours, alone, in a studio," he said.

"The experience of coming out … and sharing what you do with others is very novel, unique and exciting for those painters."

Artists also earn money and exposure from the event. Proceeds are divided up among the participants and painters sometimes earn extra coin from selling their pieces, which are usually worth more than $1,000.

Guests vote on the top masterpiece and the winner will compete in the Ottawa Championship in June. That winner will move on to the 2014 National Championship.

Head to the Arts Court Studio & Theatre, at 2 Daly Ave. for the paint-off Feb. 22 at 7:30 p.m. Tickets cost $15 or $10 with a student ID.

For more information, visit www.artbattle.ca.

Mark Stephenson, left, the 2013 Art Battle Ottawa champ, competes at the 2013 National Championships. The next event will take place on Feb. 22. CONTRIBUTED

C'EST LE TEMPS DE S'INSCRIRE
IT'S REGISTRATION TIME!
Lucas, 18 ans
PRÊT
Diplôme en mains, nos élèves sont prêts à réaliser leurs rêves.
Découvrez comment 95 % de nos élèves obtiennent leur diplôme d'études secondaires.
CONSEIL DES ÉCOLES CATHOLIQUES DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner
ecolecatholique.ca 613 746-3837

Sheepdogs to headline Ottawa Dragon Boat Fest

Only three bands have been announced so far, but the Ottawa Dragon Boat Festival is already shaping up to be a hard-hitting music event for concertgoers this summer.

Festival organizers announced Tuesday the Saskatchewan-based rockers The Sheepdogs are headlining Friday night of the fest.

The three-time Juno winner, who landed on the cover of Rolling Stone Magazine in 2011, will be joined by Cuff the Duke and Harlan Pepper for the opening night of the festival June 20.

"It's going to be a great Friday night for sure," said Antony Cooper, the festival's artistic director.

"It's the 21st year and we just continue to grow and do our best to deliver something exciting for everybody in Ottawa and for those joining us from out of town."

The Ottawa Dragon Boat Festival is one of the best all-free music events the region has to offer. Over the past few years, the fest has seen the likes of Sloan, Sam Roberts, Born Ruffians and Great Lake Swimmers take the stage. This year's lineup is "more current than some of our past lineups," said Cooper.

The festival still has two full days of music to announce, but Cooper wouldn't budge on any of the acts. The plan is to release the artists by each day of the festival. Saturday's lineup announcement should follow soon and Sunday thereafter.

"But we have some other exciting announcements coming down the pipe, but you're going to have to wait."

The Ottawa Dragon Boat Festival features dragon boat races on the water, children's events, exhibitors and a whole lot of free music.

TREVOR GREENWAY/METRO

Don't miss it

The fest runs June 19-22 at Mooney's Bay Park.

The Sheepdogs are confirmed to headline the Tim Hortons Ottawa Dragon Boat Festival on June 20. CONTRIBUTED/CNW GROUP/OTTAWA DRAGON BOAT FESTIVAL

CLINIQUE BONUS

Discover CLINIQUE'S bestselling moisturizer and more — an $85 value. *Exclusively ours*
FREE: Receive a 7-piece bonus with any CLINIQUE purchase of $31 or more, until February 23.*

Exclusive
cosmetics bag

Choose
your shades

BONUS INCLUDES: Even Better Skin Tone Correcting Moisturizer SPF 20 Cream, 15 mL • *New* Dramatically Different Moisturizing Lotion, 30 mL • Take The Day Off Makeup Remover for Lids, Lashes and Lips, 50 mL • Square Fusion Compact Eye Shadow Duo and Blush in choice of two colour palettes (Neutral Territory and Sunset Glow or Twilight Mauve/Brandied Plum and Smoldering Plum) • Chubby Stick Intense Moisturizing Lip Colour Balm in Plushest Punch or Heftiest Hibiscus • High Impact Mascara in black, 3.5 mL

MAY WE SUGGEST:

NEW Repairwear Laser Focus.
Smooths, Restores, Corrects.

New Repairwear Laser Focus performs remarkably close to a dermatologist's laser procedure. Delivering 63% of laser's visible wrinkle-reducing power, Repairwear Laser Focus is a second chance for every skin. Now with double the smoothing power — results at two weeks. 30 mL, **$59** 50 mL, **$88**

HUDSON'S BAY
$20 off a purchase of $100 or more
before taxes when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.
FEBRUARY 5 – 23, 2014

EXCLUSIVE HUDSON'S BAY CREDIT BONUS

Wednesday, February 5 to Sunday, February 9.
Receive a $20 Savings Card with any CLINIQUE purchase of $75 or more before taxes when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.**
Exclusively ours

HUDSON'S BAY

Shop in store and at thebay.com

***Before taxes.** While quantities last. One gift to a customer. Values are based on our per mL and/or g price for regular-sized products. ****Offer valid while quantities last. Redeemable only on your next purchase of $100 or more before taxes when you use your Hudson's Bay MasterCard or Hudson's Bay Credit Card from February 5 to February 23, 2014. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for details. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch)**. Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved.

Edmonton

Toddler found in freezing car; woman charged

A woman in Edmonton is facing a charge after concerned citizens alerted police about a child left alone in a cold car.

Officers were called to a south-end location early Monday evening after some people noticed a child as young as two who had been left in the vehicle.

The car hadn't been running for about half an hour and the temperature at the time was -17 C. Paramedics removed the youngster, who was cold but fine. A woman has been charged with causing a child to be in need of intervention.

THE CANADIAN PRESS

Ottawa

Changes to federal election law

The Harper government is introducing legislation to toughen up parts of Canada's election law, while loosening the rules that govern political donations and party spending.

The bill includes a mandatory public registry for automated election calls and jail for anyone convicted of impersonating an elections official, said Pierre Poilievre, junior minister in charge of democratic reform. "It closes loopholes to big money, imposes new penalties on political impostors who make rogue calls and empowers law enforcement with sharper teeth, a longer reach and a freer hand," he said.

THE CANADIAN PRESS

Newfoundland

Memorial prof apologizes over assignment

Memorial University says a professor has apologized for an assignment that the school's student union said made light of sexual assault and mental health.

A spokesman for the St. John's, N.L., university says John Shieh has apologized to his computer science class and replaced the question on his assignment.

The student union said students of Shieh's came forward to complain last month after he asked them to create a computer program that could help determine whether a rape victim would commit suicide.

THE CANADIAN PRESS

Harb and Brazeau first to be charged in Senate scandal

Expenses. Mounties charge one Liberal and one Conservative; investigation of Duffy and Wallin continues

Mac Harb and Patrick Brazeau have been charged with fraud and breach of trust — the first criminal charges to emanate from the Senate expenses scandal but possibly not the last.

Harb, a former Liberal senator who resigned from the upper house last summer, and Brazeau, a former Conservative senator who was suspended from the Senate last fall, face one count each of fraud and breach of trust in relation to their travel and living expense claims, the RCMP said Tuesday.

The Mounties continue to investigate allegedly fraudulent expenses claimed by suspended senators Mike Duffy and Pamela Wallin.

They are also investigating Nigel Wright, who was Prime Minister Stephen Harper's chief of staff when he personally gave Duffy $90,000 to reimburse the Senate for disputed living expenses.

Tuesday's charges stem from allegations that Harb declared two largely unused country homes as his primary residences, allowing him to claim a Senate housing allowance and living expenses for his supposed secondary residence in Ottawa — where he had lived for years prior to his 2003 appointment.

The Mounties allege that Brazeau fraudulently claimed his father's home in Maniwaki, Que., as his primary residence, although he was rarely seen there and lived primarily in Gatineau, Que. Brazeau, like Harb, has maintained that he did nothing wrong.

THE CANADIAN PRESS

Mac Harb, left, and Patrick Brazeau face charges. SEAN KILPATRICK, ADRIAN WYLD/THE CANADIAN PRESS

Rules lack clarity?

Harb and Brazeau

An independent audit of the pair's expense claims last spring said Senate rules on primary residences lacked clarity and, therefore, the auditors could not determine whether either senator had broken the rules.

But the Senate's internal economy committee declared the rules to be "unambiguous" and demanded that the senators repay their disputed expense claims. Harb complied but Brazeau refused to reimburse the $48,000 he was asked to pay back, prompting the Senate to garnishee his salary. He was subsequently suspended without pay.

THE CANADIAN PRESS

Pickup containing dead coyotes shocks woman

Tiffiny Koback of Saskatoon posted this to Facebook. CONTRIBUTED

A Saskatoon woman out grabbing a coffee last Sunday was confronted with a grisly sight.

Tiffiny Koback was sitting with her husband in the drive-thru lineup of a local Tim Hortons. They were stuck behind a GMC Sierra pickup truck loaded to the brink with uncovered coyote carcasses.

"It was shocking," said Koback, who is the shelter director for the Saskatoon SPCA.

"By the time we ordered our coffee, I couldn't talk — I was in tears."

She took out her phone to snap a picture and shared the disturbing image on Facebook. In the post she said she was able to count more than 20 dead coyotes.

Numerous Facebook users responded to express their outrage.

"What a civilized world we live in," wrote Leah Reynolds. "Beyond disturbing."

After the incident, Koback said she looked up the rules in Saskatchewan around coyote hunting and was surprised to find there are no official limitations.

"I can't imagine having a car with a few kids in the vehicle and having to wait in line staring at that for 10 minutes," said Koback.

While she said she understands that many farmers with livestock consider the wild canines pests, she couldn't believe the brazenness of the truck driver.

"He's driving around Saskatoon with a truck box full of dead animals, so obviously he's not concerned about who sees it," she said, adding that there should be guidelines in place to prevent this kind of public display.

Rich Hildebrand, a conservation officer with the Ministry of Environment in Saskatchewan, confirmed there is an open season on coyotes in the southern part of the province. In this situation, he said, it is likely that a licensed fur trapper was operating the vehicle.

JACOB MORGAN/METRO IN SASKATOON

Available at the following Bell stores:

ARNPRIOR
68 Daniel Street N

BROCKVILLE
1000 Islands Mall
R.R. 3 Highway 2 W.

CORNWALL
Cornwall Square

KANATA
510 Earl Grey Dr.

NEPEAN
50 Market Place Ave.
1541 Merivale Rd.
Bayshore Shopping Centre

ORLEANS
Place d'Orleans
SmartCentres Orleans

OTTAWA
247 Bank St.
Billings Bridge Plaza
Carlingwood Shopping Centre
Rideau Centre
St. Laurent Shopping Centre
St. Laurent Shopping Centre – kiosk

PEMBROKE
1018 Pembroke St. E.

PETAWAWA
3471-B Petawawa Blvd.

RENFREW
178 Plaunt St.

SMITHS FALLS
16 Beckwith St. S.

STITTSVILLE
Crossing Bridge Mall

Also available at:

THE SOURCE™

Break up with cable. You deserve better.

Switch to the best TV service and enjoy stunning HD, the channels you want and features you won't find on cable.

	Fibe	Cable
Move your TV anywhere, anytime with Wireless TV![1]	✓	✗
Enjoy the best On Demand experience with more HD movies and shows.	✓	✗
Access over 100 channels on your tablet or smartphone![2]	✓	✗

Get Fibe TV along with Internet and Home phone and enjoy the best ongoing bundle price around.

FROM $85/MO. for 3 months. $124/mo. thereafter.[3] + FREE WHOLE HOME PVR[4]

Get a professional installation for only $49.95 with a 2-yr. contract term.[5]

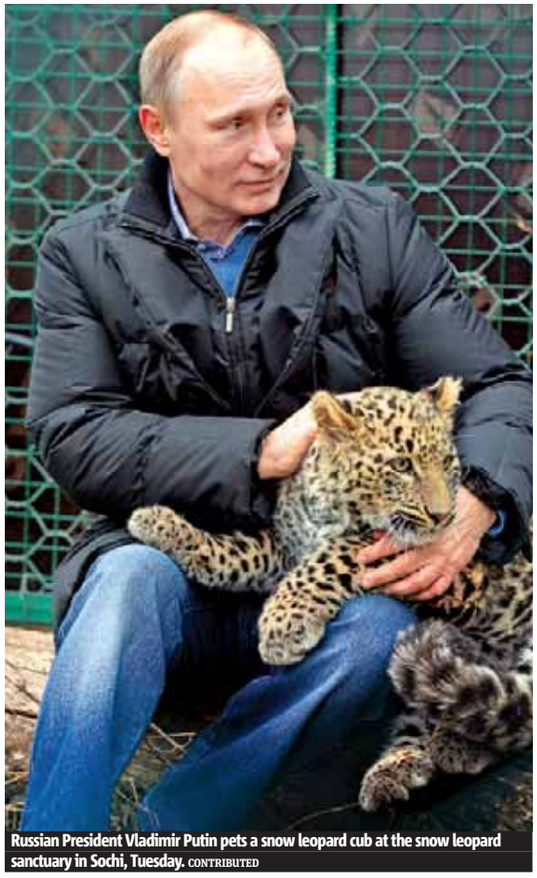
NOW INCLUDES UNLIMITED INTERNET USAGE.

1 866 676-2044 • Visit a Bell store • bell.ca/fibetv

Bell switching just got better

Current as of January 17, 2014. Offer ends February 7, 2014. Any portion of the Bell Bundle Program may be modified, discontinued or terminated at any time. Bell is not obligated to provide the Bundle Discount for the duration of any term contract for Eligible Services, including the Discountable Services; see bell.ca/bundledetails. Available to new residential customers in Ontario where access and technology permit. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes and restrictions apply. E-billing is provided at no cost, paper billing is available for $2/mo. Fibe TV: Where applicable, monthly prices include a fee to fund Bell's contribution to the CRTC's Local Programming Improvement Fund (LPIF); see bell.ca/LPIF. Requires subscription to Fibe Internet. Home phone: Available where not CRTC-regulated. Service area charge ($3/mo.) may apply; see bell.ca/serviceareacharge. By default, Canada and US long distance is 30 ¢/min. and $2.95/mo. network charge applies on first call. Internet: modem rental required; one-time modem fee credited for new clients. Actual speeds will vary depending on the distance between the customer's modem and switching equipment from Bell: 680 Kbps and max. 1 Mbps upload speeds. **(1)** Wireless from the modem to the receiver. The wireless receiver needs to be physically connected to the TV and to a power outlet. Customer responsible for use of wireless receiver; do not expose to heat sources, rain or damp and temperature extremes. Range of wireless signal may vary due to electromagnetic interference, home construction material, obstructions and other environmental factors. Each additional TV requires one HD receiver ($7/mo. rental or $199 purchase). **(2)** With compatible IOS or Android devices. Select live channels and On Demand programming from your Bell TV subscription are available and will vary if viewed over Wi-Fi at your home or outside your home. Content viewed over Wi-Fi at home will count towards your monthly Internet data usage. Channels/content subject to change without notice and blackout periods may apply. Other conditions apply. To download the Bell TV app and for more details see bell.ca/tvanywhere. Bell TV is also available over the Bell cellular network with select Bell Mobility plans plus the Mobile TV add on. **(3)** Available to new customers with continued subscription to TV, Internet and Home phone: see bell.ca/bundle for details. Bell TV The Good Package promotional price $14.95: monthly rate $45.95 , less $8 Bundle discount, less $26 credit for months 1 to 3, plus $3 Digital Service Fee. Bell Fibe Internet 5/10 - Promotional $44.95 monthly rate: monthly rate is $46.95, less $8 credit for months 1 to 3, less $4 Bundle discount, plus $10/month unlimited usage. Home phone Lite: Promotional $24.95 monthly rate: monthly rate is $30.99, less $5 credit for months 1 to 3 less $4 bundle discount, plus $2.96 Touch-Tone & 9-1-1 fee. All pricing are subject to change without notice **(4)** $0 rental based on $15 monthly rental fee, less a $15 monthly credit. Available to new Bell TV subscribers with continued subscription to three eligible Bell services; see bell.ca/bundle. The receiver remains Bell's property. You may terminate your rental at any time provided you return the receiver (early termination fees on programming may apply). Receivers may be new or refurbished at Bell's choice. **(5)** Fibe TV: installation charges are $49.95 on a 2-year contract term, $149.95 on a 1-year contract term and $249.95 with no contract term. Includes installation of modem, Whole Home PVR and up to 2 additional HD receivers; see bell.ca/fibetvinstall. Internet: see bell.ca/installationincluded. Home phone: includes 1 jack at service entry point (if none); install is $99/1st additional jack, $55/each jack thereafter. Fibe is a trademark of Bell Canada.

Putin prepares for purrfect Olympics



Russian President Vladimir Putin pets a snow leopard cub at the snow leopard sanctuary in Sochi, Tuesday. CONTRIBUTED

Sochi 2014. Russian president gets cuddly with leopard, Olympic committee

Basking in the glow of support from International Olympic Committee Chairman Thomas Bach, President Vladimir Putin began his stay at the Sochi Games by promoting a cuddly image, visiting a group of endangered Persian leopard cubs born last summer in the mountains above the Black Sea resort.

"We've decided to restore the population of the Persian leopard because of the Olympic Games," Putin said.

Putin's visit to the leopard preserve was designed as a show of environmental concern during the Sochi Games, which open Friday.

The sanctuary was established five years ago as an Olympics-related project.

Putin entered the cage and petted the leopard on the head. "We liked each other," he said.

Some journalists accompanying him weren't so lucky. They apparently upset the big cat, which scratched one of them on the hand and bit another on the knee, Russian news agencies reported.

The buildup to the Olympics has been overshadowed by Western criticism of an anti-gay law and Russia's record on human rights and other issues, making Sochi among the most politically charged games in years.

U.S. President Barack Obama and key European leaders are shunning the Olympics and Obama has sent a delegation to Sochi made up of three openly gay athletes.

Speaking at an IOC gathering, Putin said nothing about the issues confronting the Sochi Games — which also include cost overruns and unfinished hotels.

He boasted that Russia had undertaken the monumental effort of starting from scratch in Sochi and completing the needed construction in a short time, something he said it took other countries decades to prepare.

"We realize what a difficult decision this was to hold the games in a city that barely had 10 to 15 per cent of the necessary infrastructure," Putin told the IOC.

"You believed in us, you believed in the Russian character which can overcome all difficulties."

THE ASSOCIATED PRESS

Calgary gay bar owner funds athlete

RayJean Fafard, co-owner of Calgary gay bar Twisted Element, couldn't be happier to aid one of Canada's medal hopefuls, long-track speedskater Denny Morrison, in his Sochi podium bid.

"I honestly feel like now I'm contributing to something bigger than me," Fafard said Tuesday. "This is important — he's there not only representing Canada, but, in a small part, representing the gay community."

Fafard first met Morrison at Twisted Element last year. They got to chatting and it didn't take long for the topic of athlete funding — or lack thereof — was raised. He agreed to help fund future endeavours.

Canadian speedskating team member Denny Morrison. THE ASSOCIATED PRESS

Fafard keeps in close contact with the speedskater in the lead up to the Games. "The other day I texted and asked him to send me some photos of the area because I wanted to see what it looks like," Fafard said.

JEREMY NOLAIS/METRO IN CALGARY

IOC. President says world leaders are using Games to push political agendas

Three days before the opening of the Winter Games, IOC President Thomas Bach used a hard-hitting speech to call out politicians for using the Olympics to make an "ostentatious gesture" serving their own agendas.

Bach's comments appeared directed at U.S. President Barack Obama and European politicians who have taken stands against Russia's law banning gay "propaganda" among minors.

For the first time since 2000, the U.S. delegation to an Olympics will not include a president, vice-president or first lady. Former Homeland Security chief Janet Napolitano leads the delegation. German President Joachim Gauck and French President Francois Hollande are also not coming to Sochi. Neither is British Prime Minister David Cameron.

The IOC has come under criticism for not doing more to fight the anti-gay law, but Bach said the committee was a sports organization with limited responsibilities.

THE ASSOCIATED PRESS

the perfect match
Enjoy a FREE Specialty Beverage* with the purchase of 20 indulgent truffles
*Valid on a small beverage. Offer available at participating cafés only. While supplies last. Not valid with any other offer.
WORLD
Timothy's
COFFEE

Farmer Michael Schmidt, seen here outside court in Newmarket, Ont., in July 2008, and his supporters are taking their self-professed right to drink unpasteurized milk to Ontario's top court. COLIN PERKEL/THE CANADIAN PRESS

Raw milk fight goes to Ontario's top court

New study. Lawyers want to admit findings they say shows that unpasteurized milk reduces kids' risk of asthma or allergies

A crusading farmer and his supporters are taking their self-professed right to drink unpasteurized milk, which the government calls a "significant public health risk," to Ontario's top court this week.

Raw milk farmer Michael Schmidt is arguing that by making the sale and distribution of unpasteurized milk illegal, the province is infringing on both his and his customers' basic freedoms.

The charter includes "the right of individuals to make decisions pertaining to their own bodies and their own health," Schmidt's lawyers write in arguments filed with Ontario's Appeal Court.

But the province says the law is meant to protect public health and infringes neither Schmidt's nor his customers' charter rights, the government argues.

A provincial court judge convicted Schmidt in 2011 of 13 charges under the Health Protection and Promotion Act and the Milk Act and fined him $9,150. That decision overturned an earlier one, in which another judge had acquitted Schmidt.

The case will now go before the Court of Appeal for Ontario, set for arguments Wednesday. THE CANADIAN PRESS

The issue

It's not illegal for farmers to drink raw milk from their own cows, so Michael Schmidt devised a "cow share" program through which his customers bought ownership in a cow or herd for $300, $600 or $1,200.

- The Crown argues Schmidt is the one with legal title to the cows, as there is no evidence his customers "enjoy the benefit" of ownership.

Britain

Queen plans trip to Rome in April to see the Pope

Buckingham Palace says that Queen Elizabeth II and her husband Prince Philip will visit Pope Francis in Rome.

The palace said Tuesday the royals would have an audience with the Pope at the Vatican in April.

The palace said Monday the couple also plans to attend the 70th anniversary of D-Day ceremonies during a state visit to France in June.

The high profile trips to continental Europe come as the 87-year-old Queen is greatly reducing her overseas travel. She has increasingly sent her eldest son Prince Charles to represent her outside the United Kingdom. THE ASSOCIATED PRESS

Obesity crisis

English city tries texting to trim fat

More than 60 per cent of adults in England are overweight or obese, according to new figures released Tuesday by the national public health agency.

Experts have previously predicted England's increasing obesity epidemic could mean half its population will be obese by 2030.

To fight bulging waistlines in Stoke-on-Trent in the West Midlands, authorities are trying a new approach. Overweight people can sign up to get frequent text messages encouraging them to move more and eat less. One text says "Maybe walk to the shops or use the stairs more often."

Officials described it as a "cheap and effective nudge" to take action. THE ASSOCIATED PRESS

Bundle your accounts and save every month.

That's the genius of the CIBC Everyday® Banking Bundle.

On top of saving on your monthly chequing account fee, you'll also get 25 transactions* a month and your choice of credit card, savings account and overdraft protection. And best of all, they're all in one place, so banking is easier and can save you money every month.

Talk to us today.
At the branch • cibc.com/geniusbundles • 1 877 434-1909

CIBC FOR WHAT MATTERS.

*A transaction includes cheques, withdrawals, transfers, pre-authorized payments, bill payments (including CIBC credit cards and CIBC Personal Lines of Credit), and debit purchases. Additional fee(s) apply to withdrawals at non-CIBC bank machines, *Interac* e-Transfer™ transactions, and cheques written in currencies other than the account currency. *Interac* e-Transfer™ is a trade-mark of Interac Inc. CIBC authorized user. ®Reg. TM of CIBC. "CIBC For what matters." is a TM of CIBC.

Holly Mendez, 28, is hoping to raise $10,000 for breast augmentation surgery.
CONTRIBUTED

Website helps women get free breast implants

Crowdfunding. Site allows male 'benefactors' to donate after viewing women's online profiles

CYNTHIA BIGRIGG
For Metro in Toronto

Small-breasted women who are unhappy with their cup size, take note: With a few clicks of a mouse and some "friendly" conversation, women everywhere can receive a breast augmentation at the hands of a board-certified surgeon — for free.

At least, that's what website myfreeimplants.com promises its members. This is how it works: Women create a profile with photos detailing why they want a breast augmentation and why they can't afford it. They then market their profiles to potential donors to raise funds for the procedure.

Men, called "benefactors," also sign up free, but they have to purchase credits, which can be used to send women of their choice messages. The women accumulate cash in their accounts for every message received. Surgeons are paid directly by the site for the procedures.

The site, founded in Los Angeles by Jay Moore and Jason Grunstra, was originally created to raise money so that their friend could have an augmentation.

"It was a very simple social network," said Moore. "She was able to raise the funds herself in about four months. With that kind of concept, we developed the full version of the site."

The site focuses on a sense of community. Moore believes that more donors are attracted to the idea of an online friendship, rather than provocative content.

"Donors are looking to actually make a connection on a different level. Those donors are more likely to give larger amounts."

Holly Mendez, a 28-year-old customer service representative from Toronto, has been a member of myfreeimplants for three weeks.

"I've had small breasts all my life," said Mendez. "I had a baby four years ago, and breastfeeding made the situation worse. I feel like if I got (an augmentation), I would feel more confident. It would just make me happy. I'm doing it for me."

Mendez believes that personal connection plays a large role in the fundraising process, and even feels that she has made a few friends in the myfreeimplants community.

"You can talk about anything. You can talk about the weather, you can talk about cars, you can talk about their job. I just talk about whatever they want to talk about." said Mendez.

So far, Mendez has raised around $400 toward her goal of $10,000. She hopes to have the full amount within a year, but says she is enjoying her experience along the way.

Cashing in on community

"You raise money by chatting. Every message that a guy sends you is a paid message — you make a dollar. You can talk to the donors and ask for donations. If they like you, they'll donate money."
Holly Mendez, myfreeimplants member

Quoted

"The world's attention is our only hope right now."

Oleg Komin, 32, Kyiv
Lawyer
Studied in the U.S., hopes his country will follow the West

Quoted

"I'm happy Canada's getting involved and put the visa ban on our government."

Dasha Mychailova, 19, Kyiv
International-relations student
Sees the protests from an international perspective

Quoted

"Once people wake up they don't go back to sleep."

Andrew Meakovsky, 24, Kyiv
IT specialist
Joined the protests after a law targeted freedom of speech

Quoted

"Sometimes I want to huddle in a corner; I'll have to move if things get really bad."

Yuliya Kudriavtseva, 30, Kyiv
Translator
Worked with the reporter at the protests

Youth are at the forefront of the protest movement in Ukraine, risking jail and injury to fight what they say is an attack on their freedom. CONTRIBUTED

'We want to be part of Europe, not the Soviet Union'

Ukraine. Young people are driving protests in Kyiv and fighting for their future

DYLAN C. ROBERTSON
For Metro in Toronto

During a trip to Kyiv three weeks ago, I noticed that many of the Ukrainians occupying its frigid streets were youth.

I was there to write about the riots and considered myself lucky to find Yuliya Kudriavtseva on a translation forum. She took me to protest camps, barricade checkpoints and occupied buildings.

Since that trip, 10 people have died. One online video shows a bruised, naked man in the snow as police photograph him and smack his head.

I called Kudriavtseva for an update.

"I do what I can to support the cause. I'm too scared to go out and protest," she said.

"I have a business so I pay lots of taxes. I'm happy to pay for schools and hospitals, but it all goes to corrupt officials."

She added that protesters want democracy and human rights.

"We want to be part of Europe, not the Soviet Union."

Kyiv's protests started in November when Ukraine's president pivoted the indebted country toward Russia, which offered a $15-billion bailout, instead of the European Union.

Thousands set up Occupy-style tents in Kyiv's central Independence Square and draped banners over the massive Christmas tree.

Ten days later, the government shut down mobile communications and sent in riot police. Dozens of protesters and journalists were injured. Dasha Mychailova, 19, was in the crowd.

"We ran for our lives."

She hid in a bar with friends while others were beaten with police batons.

"Friends of mine were attacked and had to be hospitalized. There's been no compensation or justice," she added.

"This is now a battle over human rights."

When I visited in January, the government had just rushed a law mandating up to 15 years in jail for anyone attending mass rallies.

A week later, thousands at the protest site received an Orwellian text message: "Dear subscriber, you are registered as a participant in a mass disturbance."

That's when Andrew Meakovsky got involved.

"Our freedom is at stake; I had to join the protests."

Although happy with his IT job, Meakovsky said many youth consider moving abroad for higher wages.

"Then you have your freedoms threatened. How can you live here?" he asked. "We are fighting for our future. We love our country and we don't want to leave."

What happens next is uncertain. On Sunday the EU announced a U.S.-supported bailout, contingent on reforms and respect for human rights.

The government proposed releasing arrested protesters last week if activists evacuated occupied buildings. Few did, which worries Kudriavtseva's boyfriend, Oleg Komin.

"There's an unwillingness to listen; both sides won't hear each other."

Economic problems

- The minimum hourly wage in Ukraine is $0.87.
- One in five young Ukrainians is unemployed, according to official figures.
- Forty per cent of university graduates take jobs far below their qualifications.
- Transparency International ranked Ukraine 144 out of 175 countries on last year's Corruption Perceptions Index

August vote

Alaskans to vote on marijuana legalization

Alaska voters will decide this year whether to legalize marijuana for recreational use.

The Alaska Division of Elections told The Associated Press in an email Tuesday that a citizens' initiative has met all thresholds needed to appear on the Aug. 19 ballot. More than 31,500 signatures have been verified.

Voters in Colorado and Washington last year became the first U.S. states to legalize marijuana for recreational use. The language of the Alaska initiative is similar to the Colorado measure.

The Alaska lieutenant-governor's office hasn't yet certified the question for the ballot, but it's expected to do so in the coming weeks.

The initiative would make it legal for adults 21 and older to possess up to 28 grams of marijuana and as many as six plants, including three that are flowering. THE ASSOCIATED PRESS

Kenya

Journalists protest jailing of fellow reporters in Egypt

Journalists in Kenya's capital shouted slogans and marched through the streets Tuesday before sitting outside the Egyptian Embassy in support of jailed reporters in Cairo.

The protesting media members and supporters called for all journalists jailed in Egypt to be freed, but the group focused its attention on Peter Greste, a Nairobi-based correspondent for Al Jazeera who has been in custody since Dec. 29.

Twenty journalists working for Al Jazeera face charges of joining or aiding a terrorist group and endangering national security. The government accuses the news station of being sympathetic to Egypt's Muslim Brotherhood, a powerful, conservative force in the country.

Nearly 100 journalists and supporters took part in a march and demonstration Tuesday. THE ASSOCIATED PRESS

Toxins

Libya says it's destroyed all chemical weapons

Libya's Foreign Ministry said Tuesday the country's caches of chemical weapons, including bombs and artillery shells filled with mustard gas, have all been destroyed.

"Libya is totally empty of any presence of chemical weapons ... which could pose a threat to the safety of people, the environment, or neighbouring regions," Mohammed Abdel-Aziz said in remarks carried by Libya's state news agency.

The eradication of the weapons, which date from the era of slain dictator Moammar Gadhafi, marks an important success for Libya, even as its neighbour Syria is struggling to destroy its own chemical-weapons hoard amid a civil war.

Under Gadhafi, Libya declared in 2004 it had 25 metric tonnes of sulfur mustard and 1,400 metric tonnes of precursor chemicals used to make chemical weapons. THE ASSOCIATED PRESS

Changes. Satya Nadella takes over Microsoft, as Bill Gates named adviser

Microsoft has named Satya Nadella, an executive in charge of the company's small, but growing business of delivering software and services over the Internet, as its new CEO. Company founder Bill Gates is leaving the chairman role for a new role as technology adviser.

The software company announced Tuesday that Nadella will replace Steve Ballmer, who said in August that he would leave the company within 12 months. Nadella will become only the third leader in the software giant's 38-year history, after Gates and Ballmer. Board member John Thompson will serve as Microsoft's new chairman. THE ASSOCIATED PRESS

Bill Gates
THE ASSOCIATED PRESS FILE

$500M boost. Walmart puts retailers in Canada on notice with 35 new stores

Walmart is opening 35 more Canadian supercentres as part of nearly $500 million in planned investments over the next year as the retailer works to increase competitive pressure on its rivals.

The 2014-15 expansion announced Tuesday will generate about 7,500 jobs, including construction work.

The world's biggest retailer plans to invest more than $376 million to build, expand, relocate or remodel its stores. It will also spend $31 million for e-commerce projects and $91 million to improve its distribution network to handle more fresh food.

The expansion will increase competition for Canadian retailers — especially grocery, pharmacy and clothing chains — who compete with Walmart. THE CANADIAN PRESS

Market Minute

DOLLAR 90.24¢ (+0.13¢)

TSX 13,504.48 (+18.28)

OIL $97.19 US (+$0.76)

GOLD $1,251.20 US (-$8.70)

Natural gas: $5.30 US (+$0.35)
Dow Jones: 15,445.24 (+72.44)

The revolution will be televised ... on Netflix

Survey says... 29% of Canucks subscribe to Reed Hastings' brainchild to stream content

Since Netflix was launched in Canada in 2010, the streaming service has steadily grown in popularity. THE ASSOCIATED PRESS

Netflix continues to grow in Canada and is being used in millions of households, suggest two research reports.

Telephone surveys commissioned by the Media Technology Monitor with 4,009 anglophone Canadians between Oct. 7 to Dec. 1 found that 29 per cent of the respondents said they were Netflix subscribers.

That was up nearly 40 per cent compared to MTM survey results from 2012. Based on the latest polling data, MTM estimates there are 5.8 million Canadians using Netflix to stream content.

Solutions Research Group Consultants estimates that three million Canadian households are using Netflix, based on an online poll conducted in November.

Of the Netflix users polled, almost nine in 10 said they found the $8-a-month subscription fee to be "excellent" or "good" value for their money, and the average user spent 1.5 hours a day watching TV shows or movies with the service.

That poll also revealed that 81 per cent of the respondents said they watch short online videos monthly and 56 per cent were watching long-form content.

MTM's polling suggests that more Canadians are connecting their TVs to the Internet to play online video on their biggest screen.

About 26 per cent of the respondents said they use their TV to access online content, which was up about 20 per cent from the previous year. MTM attributes the growing popularity of Netflix as the biggest reason for the increase.

Netflix, which launched in Canada in September 2010, no longer discloses how many Canadian customers it has.

It last reported the service had reached the one-million Canadian subscriber milestone just shy of its one-year anniversary in Canada, which was the company's first international market outside the U.S. THE CANADIAN PRESS

More popular than Jesus?

Worshipping at Facebook's altar daily

More Americans check Facebook daily than read the Bible and it has more monthly users than most continents have people.

Facebook, which celebrated its 10th anniversary yesterday, says it has 757 million daily active users. Of those 19 per cent are in the U.S. and Canada, so that's more than 143 million people checking Facebook daily. A 2006 CBS News poll found 15 per cent of U.S. adults read the Bible or other religious texts daily. There are about 267 million adults in the U.S. and Canada. That means about 40 million people reading the Bible daily.

And then there are monthly users — Facebook claims 1.23 billion of them. THE ASSOCIATED PRESS

U DENTAL
Accepting New Patients
• Family Dentistry • Laser Dentistry • Invisalign Consults
• Digital x-rays • Implants • Cosmetic Dentistry
Complimentary WHITENING KIT For New Patients*
WALK-IN & EMERGENCIES
OPEN EVENINGS & WEEKENDS
1537 Merivale | 613.228.3000 | www.udental.ca | u@udental.ca
* $350 value. Call office for details.

GO GREEN, EARN GREEN
GREEN COMPANY HAS OPENINGS
Entry Level w/ Advancement Opportunity
Looking for Leaders • We will Train you
EARN $875/WK
on average + Bonus Opportunity
CALL TO SCHEDULE AN INTERVIEW
613-288-5146

NEED COOL DESIGN TIPS?
Read metro home every Thursday.

visit metronews.ca
metro

STUFFAHOLISM KILLS

JUST SAYIN'

Paul Sullivan
metronews.ca

Now that the hangover from the orgy of materialism known as Christmas has finally evaporated, it's time to face the obvious.

We are stuffaholics and we are suffering from "stuffocation."

Christmas is merely the climax in a year of mounting over-consumption. It starts on Black Friday, marches through Cyber Monday, and culminates in two weeks of Boxing 'Day,' with the religious dimension of the holiday being swept away in a tsunami of consumption that now starts rolling even before Halloween. But we don't know what else to do with ourselves.

Stuffocation is the title of a new book by trendspotter James Wallman, and it's the perfect word for our current state. Too much everything. It's going to the closet, says Wallman, "and it's bursting with clothes but you can't find a thing to wear."

For other critters on the planet, the consequences are more serious.

There's an island called Midway, which is 2,000 miles from land, where the sea birds are literally stuffocating on the garbage they've ingested from the formerly pristine ocean and beaches. You can watch this on Upworthy. Check it out and weep. I did.

But Wallman has an interesting theory. He thinks we've finally had enough of stuff and the dominant philosophy of the day is changing.

We're evolving again. Materialism and its stuffocating side effects are giving way to "experientialism," which means we're starting to value experiences over things.

Back in the bad old days of conspicuous consumption, your stuff had a point. It was a symbol of your status. Your car was more than a ride from point A to point B; it was a sign you could afford to spend enough to keep an African village alive for a year on your conveyance.

That was then, when it was necessary to impress those in your immediate vicinity. But now that everyone (and I mean everyone) is in the media business, we need content to broadcast to our far-flung friends on Facebook and Twitter.

"I went shopping" is boring. "I hiked the Pacific Crest Trail" is pretty cool.

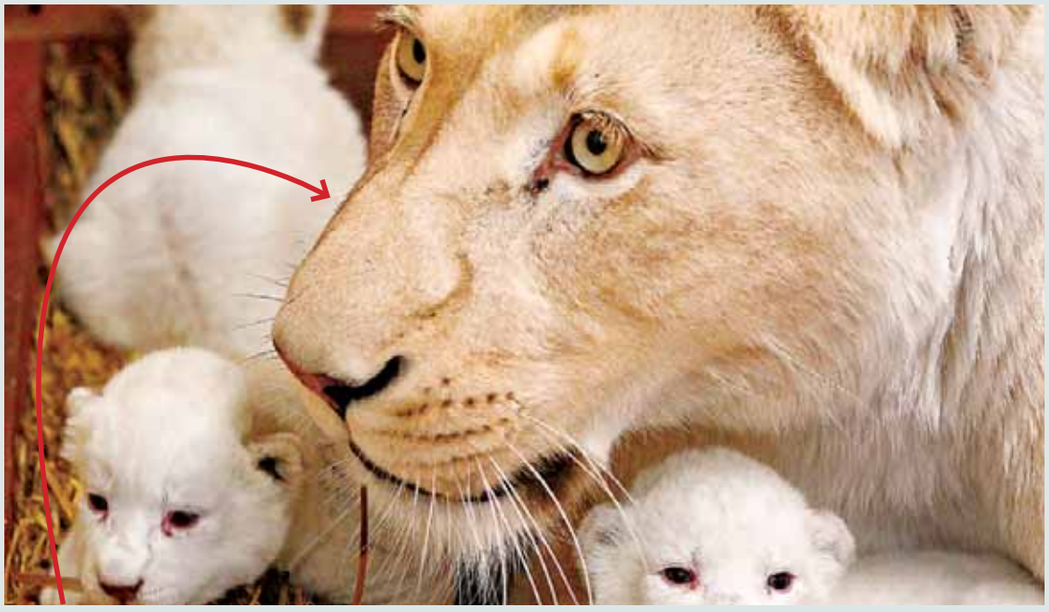
And who needs a car when you can just use a Zipcar?

According to Wallman, Apple is the perfect bridge from materialism to experientialism. You buy an iPhone and even the package it comes in is an experience. But there are other pioneers in this brave new world. For instance, Patagonia sells, through its partnership with eBay, used clothing and the stories behind it. Puma has a bag called the Clever Little Shopper; if you put it in hot water for three minutes it dissolves, leaving no residue and you can safely pour it down the drain.

Of course, experientialism is just another marketing scheme. This time you buy the experience, and the stuff is just the details. But in a world that's lost its meaning and is stuffocating us all, it's a tiny message of hope — in a biodegradable bottle.

ZOOM

Addressing the white lion in the room



CZAREK SOKOLOWSKI/THE ASSOCIATED PRESS

Endangered Species Act endangered?

White lioness Azira lies in a cage with her white cubs that were born last week in a private zoo in Borysew, in central Poland.

White lions are virtually extinct in the wild and often have defects that prevent them from giving birth, or the mother rejects her cubs, but in this case the cubs are doing well. The U.S. Endangered Species Act — designed to prevent plights like that of the white lion for wildlife in America — may be endangered itself. Republicans in Congress are calling for an overhaul to the act, who proponents credit with staving off extinction for hundreds of species, but critics contend has been abused by environmental groups seeking to restrict development in the name of species protection.

THE ASSOCIATED PRESS

In 40 years, the U.S. government has spent billions of dollars trying to save some 1,500 species deemed endangered, like the grizzly bear.

THE ASSOCIATED PRESS FILE

Political protection

The political hurdles for an overhaul of the law are considerable. The Endangered Species Act enjoys fervent support among many environmentalists, whose Democratic allies on Capitol Hill have thwarted past proposals for change.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

With Facebook falling out of vogue among the web savvy, the social media site is doing its darndest to log some of your precious screen-time hours. Introducing Paper, a social app that takes the good ol' fashion design sensibilities of a magazine, combines them with a newspaper and puts it all online. But while the news reading app isn't yet available on the Canadian iTunes store, you don't have to stay stuck in the dark ages.

Flipboard:
Curate a magazine filled with articles from your favourite news sites, social networks, blogs or even RSS feeds.

Feedly:
The go-to RSS reader once Google reader died (RIP), Feedly lets you set up feeds for your favourite sites in a simple, user-friendly, magazine style format.

Twitter

A Vancouver woman hopes to open a cat café this fall, based on ones popular in Tokyo. What other kinds of themed cafés would you like to see open up?

@PascalCoder Retro Gaming Cafe, that accepts Bitcoin along with Canadian Dollars! E-Sports on the TVs, LCD Tetris Tables!

@wgb75 Why can't Edmonton have a puppy cafe. A lot would be interested.

@teemodajo A crafty cafe with local artiste's wares.

@Chris_cymru board game cafe. Like snakes &lattes in Toronto

@notmattdaubs does Anne Murray have a cafe? She probably should.

@mmmhustler403 A camping-theme cafe with a few real (small) bonfire/campfire for people to sit around. #YYC

@MainStPoodle I'd like to see a dog cafe. Right next door to the cat cafe.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Ottawa** Sean McKibbon • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Ian Clark • **Distribution Manager** Bernie Horton • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO OTTAWA** • 130 Slater St., Suite 100 Ottawa, ON K1P 6E2 • **Telephone:** 613-236-5058 • **Fax:** 866-253-2024 • **Toll free:** 1-888-916-3876 • **Advertising:** 613-236-5058 • adinfoottawa@metronews.ca • **Distribution:** joel.orlik@metronews.ca • News tips: ottawa@metronews.ca • **Letters to the Editor:** ottawaletters@metronews.ca

SCENE 2

Minifigs movie built on an idea that's been around the block

Silver screen play box. The Lego Movie latest film hoping to turn kid's toy into a blockbuster

IN FOCUS
Richard Crouse
scene@metronews.ca

Minifigures stick together to save the universe from the tyranny of Lord Business in The Lego Movie. CONTRIBUTED

Toying with filmgoers' affections

Lego's colourful interlocking plastic blocks are the latest toy to inspire a movie, but they aren't the first.

Alfred Hitchcock said, "Ideas come from everything," and certainly Hollywood proves his point.

Just this year we've had films inspired by everything from Norse mythology by way of comic books (Thor: The Dark World), real life (Captain Phillips, American Hustle to name a couple) and literature (The Hobbit: The Desolation of Smaug to name one).

Like Hitch says, story ideas can come from anywhere. Even the board games and toys we played with as kids.

This weekend Hollywood has built a movie around a set of building blocks. The most famous building blocks in the world. The Lego Movie features the all-star voices of Will Ferrell, Liam Neeson, Elizabeth Banks and Morgan Freeman in a story about an ordinary Lego minifigure recruited to stop the evil tyrant Lord Business from gluing the universe together.

Lego's colourful interlocking plastic blocks are the latest toy to inspire a movie, but they aren't the first.

The 1977 animated film Raggedy Ann & Andy: A Musical Adventure has the distinction of being the first theatrical motion picture based on a consumer toy. In the movie the rag dolls go on a journey to rescue Babette, a beautiful French doll kidnapped by a pirate. Described as "tedious" and "lacking in pace and humor" by many critics, the movie has also been mentioned as an unofficial inspiration for the Toy Story series.

A few years later came an action figure that would inspire several movies. Roger Sweet, lead designer for Mattel's Preliminary Design Department, says he wanted "a powerful figure that could be taken anywhere and dropped into any context because he had a generic name." That character was He-Man, defender of the realm of Eternia from the evil forces of Skeletor.

The job of bringing that bigger-than-life character from the toy box to the screen fell to Dolph Lundgren in the 1987 film Masters of the Universe. The original story wasn't a hit at the box office and isn't one of Lundgren's favourite films.

"How much could I do as an actor," he asked, "when I was running around in swim trunks and chest armor?"

More successful was Clue, based on the crime mystery board game. Starring Eileen Brennan and Martin Mull as murder suspects Mrs. Peacock and Colonel Mustard, the movie was released with three possible endings. The various endings were split up between theatres, so no two prints were the same, but the DVD release features all three.

Juno noms Reflektor Arcade Fire's heat

Montreal's Arcade Fire, whose Haitian-inspired fourth album Reflektor was one of the most critically acclaimed releases of the year, has nabbed a leading six Juno nominations.

Michael Bublé and Stompa singer Serena Ryder are close behind with five nominations apiece.

Tegan and Sara, Drake, Céline Dion and Hedley round out the field with four nods each heading into the March 30 show in Winnipeg.

The nominations were announced Tuesday morning at a news conference in Toronto.

Arcade Fire will compete in the album of the year category against Dion's Loved Me Back to Life, Drake's Nothing Was the Same, Bublé's To Be Loved and Ryder's Harmony.

Blurred Lines crooner Robin Thicke, who pulled in three Juno nominations, was announced as a performer at the show, as were indie darlings Tegan and Sara, and Ryder.

Thicke, who has dual citizenship, will compete for artist of the year against Dion, Drake, Bublé and Ryder.

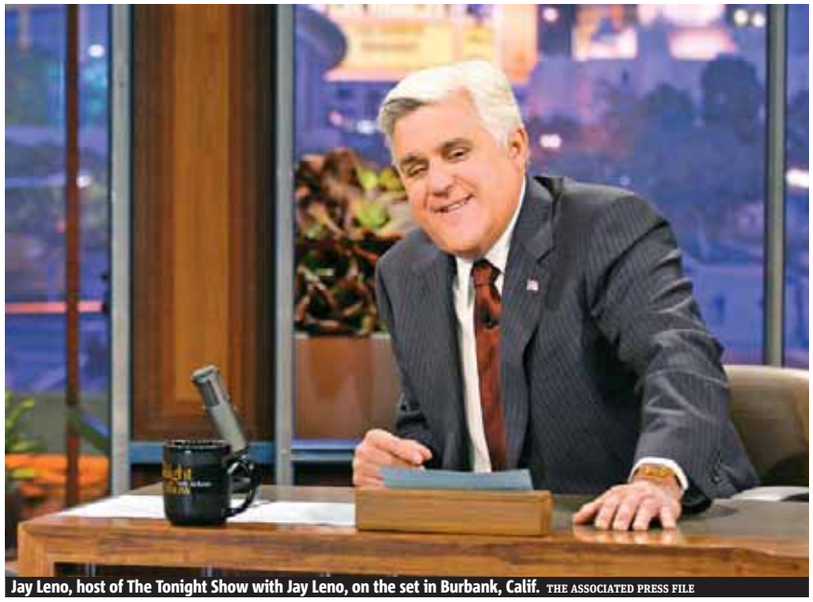
Group of the year will be contested by Arcade Fire, Blue Rodeo, Hedley, Tegan and Sara, and Walk off the Earth. The Burlington, Ont., band known for their innovative videos earned three nominations overall.

Arcade Fire will also compete for alternative album of the year along with Rah Rah's The Poet's Dead, Royal Canoe's Today We're Believers, Warring by The Darcys and Uzu from Yamantaka//Sonic Titan. THE CANADIAN PRESS

Arcade Fire has nabbed a leading six Juno nominations. THE CANADIAN PRESS

Leno leaves Tonight Show on top

22-year run. Host says goodbye to late-night TV


Jay Leno, host of The Tonight Show with Jay Leno, on the set in Burbank, Calif. THE ASSOCIATED PRESS FILE

Jay Leno, as affably efficient backstage as he is in front of the camera, avoids waxing poetic about his 22-year Tonight Show run that draws to a close Thursday.

Instead, he relies on numbers to tell the story. Leno's tenure is second only to Johnny Carson's 30 years; Tonight was No. 1 among viewers when he took it over and will be when he hands it off to Jimmy Fallon; he'll have taped more shows than any predecessor, Carson included, with the final and 4,610th one.

His dry assessment also may stem from a case of deja vu. After all, he lived through this before when he surrendered Tonight in 2009 to Conan O'Brien, only to reclaim it after NBC's messy bobbling of the transition and O'Brien's lacklustre ratings.

But this time it's different, Leno contends, offering another hard fact: The older generation has to make way for the younger one.

Britain's Queen Elizabeth II can keep 65-year-old Prince Charles cooling his heels. Leno doesn't have the power to do the same with Fallon, 39. The Late Night host is moving the show from its longtime Burbank home, near Johnny Carson Park and off Bob Hope Drive, to its New York birthplace when he debuts as host on Feb. 17.

"It's been a wonderful job but this is the right time to leave," said Leno, whose once-dark mop of hair is now a neatly groomed silver. "I'm at that age where I don't really listen to the (current) music anymore. I'm not a big tweet guy. A 63-year-old guy reading Miley Cyrus' tweets is a little creepy. Move on."

He makes the argument with the precision of one of his reliable monologue jokes, just as he did when he claimed to understand NBC's decision to evict him for O'Brien — even as he reamed the network on the air.

The years between then and now have seen changes come at a quickening pace, with an ever-more crowded late-night arena and a shifting media environment. Fallon's parody music bits with contemporaries like Justin Timberlake are perfect cut-and-pastes for sites like YouTube that drive young viewer attention and offer new potential for ad sales as network revenues shrink.

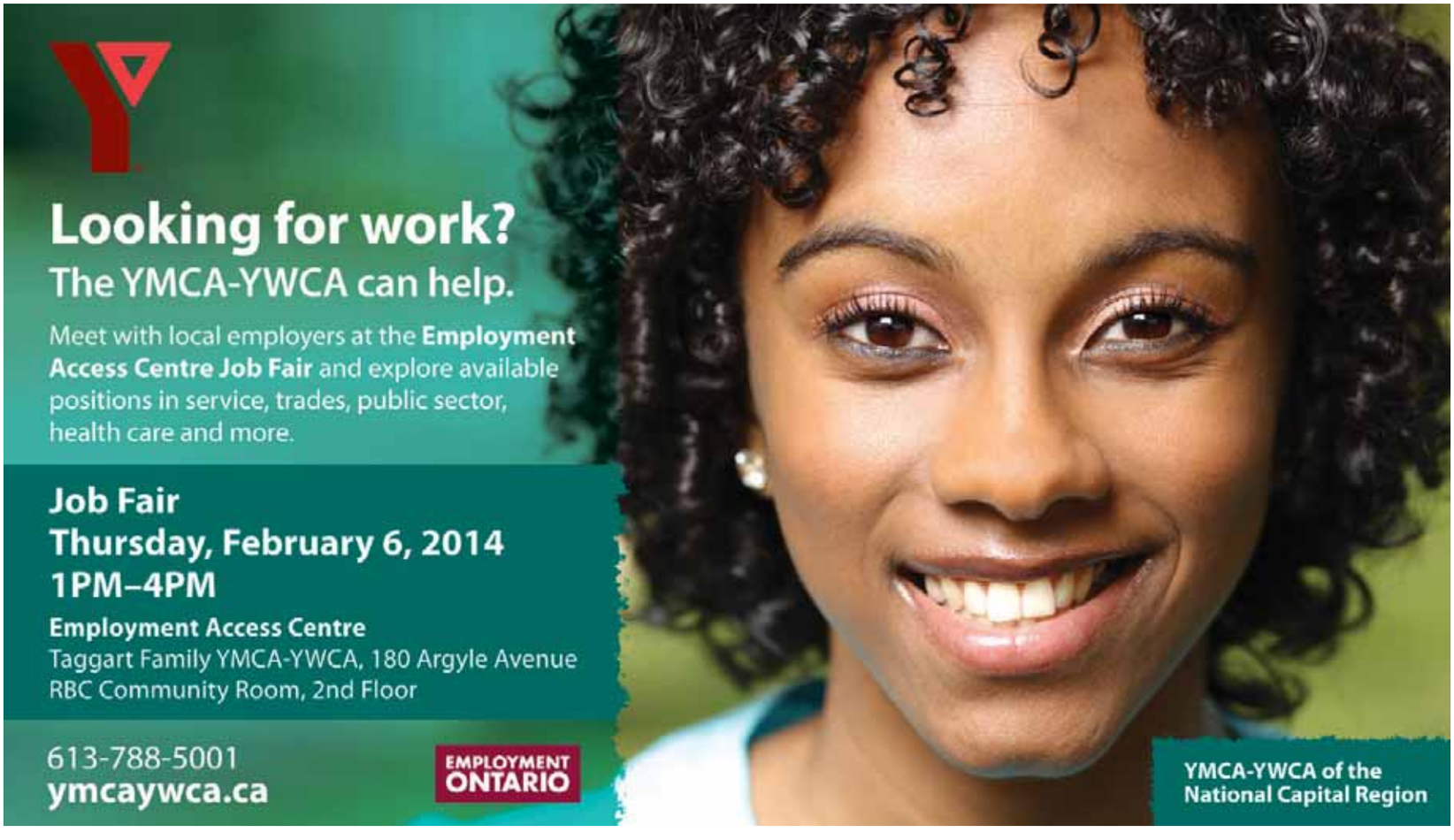
In 2012, Tonight laid off 20 staffers and Leno took a 10 per cent pay cut. The show has averaged a 3.5 million nightly viewership in the past 12 months, which pales in comparison with the double-digit audiences it once claimed.

THE ASSOCIATED PRESS

Quoted

"It's been a wonderful job but this is the right time to leave. I'm at that age where I don't really listen to the (current) music anymore. I'm not a big tweet guy. A 63-year-old guy reading Miley Cyrus' tweets is a little creepy. Move on."

Jay Leno


Looking for work?
The YMCA-YWCA can help.
Meet with local employers at the Employment Access Centre Job Fair and explore available positions in service, trades, public sector, health care and more.
Job Fair
Thursday, February 6, 2014
1PM–4PM
Employment Access Centre
Taggart Family YMCA-YWCA, 180 Argyle Avenue
RBC Community Room, 2nd Floor
613-788-5001
ymcaywca.ca
EMPLOYMENT ONTARIO
YMCA-YWCA of the National Capital Region

Gwyneth Paltrow ALL PHOTOS GETTY IMAGES

All's Vanity Fair in Gwyneth's war on exposé — magazine reconsiders

That Vanity Fair piece on Gwyneth Paltrow might never see the light of day, according to editor Graydon Carter, but not because of the Oscar-winning actress' impressive attempts to quash the mag's efforts. It turns out the final piece "was such a far cry from the almost mythical story that people were by now expecting — the 'epic take-down,' filled with 'bombshell' revelations — that it was bound to be a disappointment," Carter writes in the magazine's latest issue. He also reveals a 20-minute conversation with Paltrow herself about the article's future. "At one point, she asked my advice as to what to do to get the 'haters' on her side," Carter writes. "I suggested putting on 15 pounds. I joked that it works for me. She replied that I had put on much more than that." And Paltrow's efforts to kill the article did register with Carter, who recounts the actress ordering her A-list friends to "not speak to Vanity Fair about her or about anything else ever again," he writes. "Kim Jong-un couldn't have issued a more blanket demand."

Aniston regrets crop, opts for sweet extensions of youth

Jennifer Aniston reversed course on her recent cropped hairdo, having extensions put in to bring it back to a more comfortable length. "Jen had been complaining to friends that she didn't like the short hairdo. She thought she wanted a drastic change but felt it wasn't the right look for her," a source tells Radar Online. "She felt having the short hair made her look older, which she is trying to avoid. Having long hair, according to Jen, makes her look younger."

Jennifer Aniston

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Hoffman introduced himself as a heroin addict

MELINDA TAUB
Metro World News

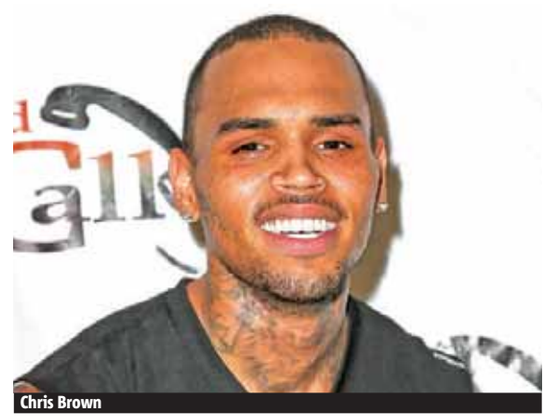
Philip Seymour Hoffman's death came as a tremendous shock to his fans. He himself, though, didn't try to hide that he had a problem: Just two weeks ago, he introduced himself to a stranger as a heroin addict.

Magazine publisher John Arundel was at the Sundance Film Festival recently, where he began chatting with Hoffman, whom he did not recognize. Arundel asked what he did for a living. "He said, 'I'm a heroin addict,'" Arundel told the New York Post.

Hoffman then took off his "sloppy hat," at which point Arundel recognized the star. Before he walked away, Hoffman added, "I just got out of rehab."

It's especially heartbreaking to know that Hoffman was fully aware of the dangerous path he was on, but was unable to stop.

Hoffman was found dead Sunday in a Manhattan apartment. According to police, he was found in the bathroom with a needle still in his arm. Hoffman had been sober for 20 years, sources say, until a relapse last May.



Chris Brown

Brown's lawyer says yes, yes, yes, to keeping singer in rehab and out of jail

Some good news, at last, for Chris Brown. A judge has agreed that the troubled singer is "making great strides" in his current live-in rehab program and doesn't need to be in jail, according to E! News. Brown's attorney, Mark Geragos, successfully convinced the court to not interrupt Brown's treatment despite new witnesses coming forward in his Washington, D.C., assault case from last year that the L.A. County District Attorney's office argues violates his probation from his 2009 conviction for assaulting Rihanna. "I say keep things on a short leash. Keep him where he is now," Geragos argued. "He is making great strides, and all you have to do is look at him. I've known him for five years, he's as good as he's ever been."

Twitter

@kirstiealley
got a good night's sleep and no one killed me... soooo looks like project TRAIN RIDE..is going to be a hit.

@ElizabethHurley
Horrific dreams last night.... Still reeling

@MarlonWayans
This meal made no damn sense ... But we ate it

What a winter fun-derland

Panorama. From hardcore powder hounds to high-end dining aficionados, this B.C. mountain resort has something for everyone

KATHY BUCKWORTH
life@metronews.ca

After a hard day on the slopes, soothe your aching muscles in the hot pools at Panorama. PANORAMA

Located a scenic four-hour drive northwest from Calgary Airport, Panorama, B.C., is a unique ski resort destination that has something for the whole family, including its signature panoramic views.

With a 4,000-foot vertical, 2,800 acres of terrain, over 120 trails, two bowls and two terrain parks, there are plenty of gentle green and more challenging blue runs for beginners and experienced skiers to warm up on before hitting the tough double black diamond Taynton Bowl. Panorama is on the lighter side of the so-called Powder Highway and conditions can vary.

One hundred per cent slope-side accommodation makes it easy for families to take a quick walk to the high-speed quad lifts at the bottom. Families can choose from studio, one, two, and three bedroom suites with kitchen facilities and fireplaces.

The new PanoPass is included in every lift ticket and provides for unlimited skiing, snowboarding, cross-country skiing, tubing and tobogganing.

The PanoKids ski school has instructors for all ages and levels. After a hard day on the hill, the hot pools are filled with adults soothing aching muscles and kids enjoying water play outdoors in the middle of the winter. Panorama has the largest slope-side pool collection in Canada.

There are a variety of food options including the Great Hall for basic food fare, while the TBar & Grille menu includes pub staples like chicken wings and nachos during the day, turning into the "party bar" in the evening. The Wildfire Grill has a moderately priced menu perfect for a family night out. The Earl Grey Lodge's restaurant is a gourmet food lovers delight. Or, shop at the General Store for snacks or to prepare your own meals; grab a bottle of wine at the village liquor store as well.

Hearty types who make it up to the Summit at the top of the hill can enjoy chili, bison burgers and more for the hungry midday skier. Be warned to use the outside washroom before taking off your ski outerwear and warming up by the wood fire.

Heli-skiing is offered by Rk Heliski, which has been flying skiers for 44 years to over 120 organized landings, over 1,500 square kilometres. Skiers and boarders are given a hearty breakfast at Choppers Landing prior to beginning their safety training and flight up. Rk also offers a fondue experience which has diners fly to The Summit for a cheese, meat and chocolate fondue meal before either flying back down, or skiing off some of the meal.

Panorama's tag line — "Getting to Panorama is easy. Leaving is the hard part" — weighs true for the many travellers who fly WestJet into Calgary. Arrangements can be made for one of two daily free Panorama shuttles, or rental cars are available at the airport.

Panorama quick facts

- **Average winter temperature.** -5 C
- **Longest run.** Is 5.5 km and is Never, Never Land in the Taynton Bowl
- **Trails.** 120 named trails
- **Average snowfall.** 479 centimetres
- **Ski season.** December until April

10,000 BONUS
AEROPLAN® MILES
aeroplan
select destinations until February 17*
details at aircanadavacations.com
AIR CANADA VACATIONS
New bookings only. Subject to availability at time of booking. Offer is subject to change without notice and cannot be combined with any other offer or promotion. Not applicable to group bookings. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. Holder of Quebec permit #702566. TICO registration #50013537. BC registration #32229. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ *Valid for travel from Feb. 3 and completed by Dec. 31, 2014. Minimum package price: $1250 per person before taxes. Not applicable to group bookings. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

Your trip to a life-changing light show

Yellowknife. Tourists around the world flock to Canada's north to witness one of nature's lovely miracles

A particularly good aurora is greeted like a rock star, according to locals in Yellowknife. GETTY IMAGES

A van picks up a score or so of tourists from a Yellowknife hotel and heads off into the night, destination wonderment.

"The aurora is one of our dreams," explains Kazna Mori of Japan, who's come to these silent, snowy woods outside of the northern capital in hopes that on this night the northern lights will dance for her.

"It's a dreaming thing," she says. "It's a miracle thing."

She's one of a few dozen visitors this night to Aurora Village, a collection of wood-heated teepees and other facilities about a half-hour's drive into the boreal forest, where the only competition for the aurora borealis comes from the stars and the moon.

For 10 years, the village has welcomed viewers to one of the best borealis-watching sites in the world, favoured by its inland geography and position under the aurora ovals where the celestial lights have their origin far above the earth.

"A good night, you're totally in awe," says Steve Herrett, who's been hosting visitors here for eight years.

"My mouth falls open and my head goes back. It can make you feel so minuscule and tiny, it's so powerful. You feel gifted to experience something like it."

Most of the visitors are from Japan and Taiwan, says Herrett. China is a growing source, with even a few Canadians starting to take an interest in the light show in their own northern backyard.

A particularly good aurora, with vast veils of green and pink furling and rippling across the sky, is greeted like a rock star.

"All the girls start screaming," Herrett says. "They're just so excited. It's almost hysteria."

And yes, sometimes you can hear the aurora.

"I've heard them once," says Herrett. "It sounds like static electricity, a little bit of a crackling sound."

He says some scientists suggest it's not a sound at all, but a resonance the aurora actually produces within the human body.

It's about -20 C this night, mild by the standards of Yellowknife in January. But Aradhna Kaur of Singapore has never worn so many clothes. "Absolutely not," she says with a laugh, flexing the bulky sleeves of her village-provided parka. "It's odd, but interesting." THE CANADIAN PRESS

Quick facts

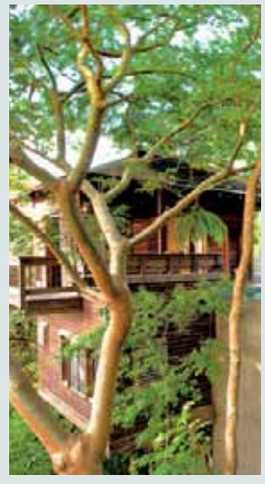
- **Did you know?** Lights can be seen at both the North and South pole. They are called aurora australis in the south.
- **What causes the lights?** The beautiful light show is the result of a collision between charged particles from the sun's atmosphere and gaseous particles in the Earth's atmosphere.

Deal

Sweetheart special

Impress your valentine this year with a night or two at the boho-chic Ace Hotel New York by booking through hotel connoisseurs Mr & Mrs Smith. The property won the Smith hotel award for hottest hotel bar last year. Soak up the NoMad neighbourhood vibe for around $200 US plus tax. Head to smithhotels.com/luxury-hotels/ace-hotel-new-york. DOUG WALLACE/METRO

Trend



The eco-holiday

The world is your sustainable oyster. Websites and travel agencies like Eco Tour and Holidays for Humanity are gaining travel ground. Aqua Nicaragua Resort, for example, is designed as a tree house to minimize impact on the forest floor. Check out holidaysforhumanity.com and ecotourdirectory.com. DOUG WALLACE/METRO

How-to

Breeze through airport security

1. Eliminate pocket fishing by putting everything in your jacket first thing in the morning, including jewelery. 2. Pack your belt in the carry-on, unless it's actually keeping up your pants. 3. Wear loafers so you don't have to deal with shoelaces or boots. 4. Check out NEXUS at cbsa-asfc.gc.ca. DOUG WALLACE/METRO

Whistler: For billionaires and backpackers

Ballin' and budgeting. Metro's Loren Christie enjoys one of Canada's top ski destinations in two very different ways

ON THE MOVE
Loren Christie
life@metronews.ca

Hitting the slopes at Whistler can be affordable. TOURISM BC

I recently checked out Whistler Blackcomb, both as a prince and a pauper. What could one day of skiing cost you at Canada's premier ski resort? Well it depends… somewhere between $250 and $10,000.

High roller — From Vancouver International Airport it's a quick shuttle to the Helijet terminal. My five-passenger helicopter ride to Whistler cost $3,590 or $718 per person if you are fortunate enough to have fellow travellers.

Budget conscious — Look for the Pacific Coach Lines shuttle bus just outside the airport's International Departures Area. After $72 and a brief stop in downtown Vancouver, it's a three-hour drive to Whistler Village.

High roller — The opulent yet cozy presidential suite at the Four Seasons Resort & Residences Whistler will set you back at least $3,000 a night.

Budget conscious — Once used to house athletes during the 2010 Winter Games, the Hostelling International hostel at Cheakamus Crossing is an affordable $39 a night. My cheery room came with three bunk mates and a shared bathroom.

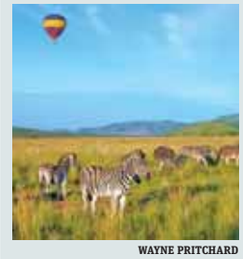
High roller — Who better to give me a lesson as I hit the slopes than an Olympian? I spent my day with Britt Janyk, one of several athletes who participate in the Snow School's exclusive Ski With an Olympian program. Cost: $899 plus lift ticket.

Budget conscious — Head to the top of the Whistler Village Gondola for your complimentary tour of the mountain with a mountain host. Offered daily, don't expect a ski lesson, but do expect to get your ski legs by getting oriented around this massive ski resort while hearing some local lore. Lift ticket packages vary in cost, but plan to pay $100.

High roller — Araxi Restaurant & Bar is reputedly Gordon Ramsay's favourite restaurant in Canada. During the Olympics, medalists were invited to come in to this award-winning Whistler favourite for a glass of champagne. My five-course meal included B.C. sablefish and saddle of rabbit. Cost varies, but expect to pay $150 per person.

Budget conscious — When you enter the Whistler visitor centre, head to the back of the circular building and meet Rosie. The owner of Sushi to Go may barely eat sushi herself, but her creations are legendary in the village. A few pieces of sushi and a dynamite roll cost me $12.

Bucket List

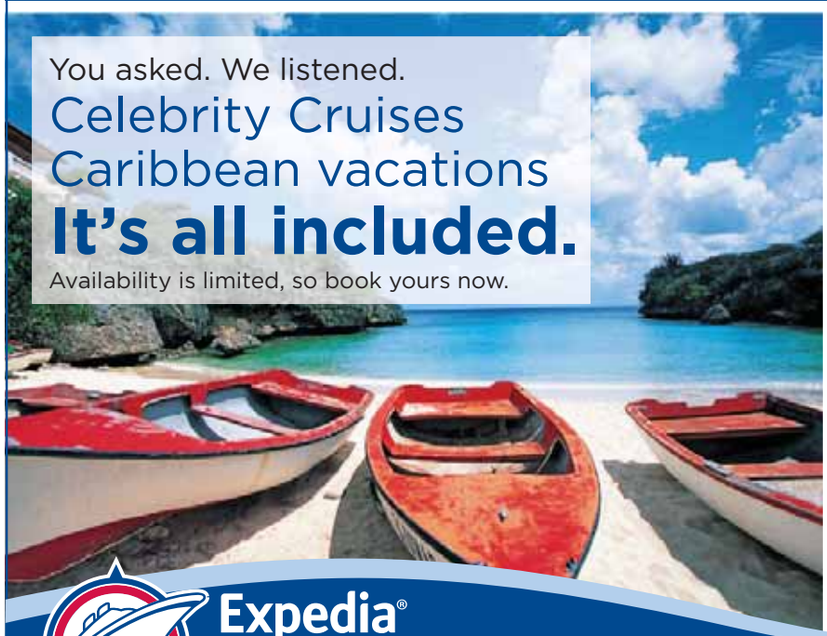


WAYNE PRITCHARD

South Africa made affordable

While an African safari may seem like light years from reality, South African Airways has made it more accessible with a package starting at $3,000 that includes flights (from New York or Washington D.C.), four nights at the incredibly cool Protea Hotel Fire & Ice in Cape Town and three nights at remote Shepherd's Tree Game Lodge in Pilanesberg National Park north of Johannesburg. A tour of the Cape Peninsula and a safari tour of the Pilanesberg Game Reserve are also covered. Go to flysaavacations.com.
DOUG WALLACE/METRO

NON STOP Flights from OTTAWA to Ft. Lauderdale!



NEW! All Included 7 night Caribbean Cruise with NON STOP FLIGHTS FROM OTTAWA!
Saturday Departures March 1, 8, 15, 22, 29, 2014*

Package includes:
- 7 night Eastern Caribbean Cruise On Board Celebrity Reflection®
- Veranda Stateroom
- Classic Beverage Package includes beer, wine, spirits and more*
- Taxes & Gratuities*
- Complimentary In-flight Meals, Beverages, Entertainment, and Headsets
- Roundtrip Transfers from Ft. Lauderdale Airport to Port of Miami
- Up to 2 Checked Bags per Traveller*

Veranda staterooms starting from $1,999* per person

Expedia® cruiseshipcenters®

Celebrity X Cruises®

Ottawa
5929 Jeanne-D'Arc Blvd.
(613) 824 9666

Ottawa South
1500 Bank St.
(613) 523 9666

Ottawa West
1581 Greenbank St.
(613) 825 9015

Ottawa Nepean
460 W. Hunt Club Rd.
(613) 266 9666

Kanata
501 Hazeldean Rd.
(613) 831 9100

*Some activities/restaurants may require an additional fee. Offer is valid for departures between March 1 to 29, 2014 on the Celebrity Reflection®. Classic beverage package for two applies to two guests (21 years and older) per stateroom and includes beers up to $6 per serving; spirits, cocktails and wine up to $8 per serving, all soda selections, fresh squeezed and bottled juices, premium coffees and teas and non premium bottled water. Server gratuities are included (amount based on gratuity guidelines).Gratuities applies to two guests per stateroom and provides for prepaid stateroom, waiter, assistant waiter and head waiter gratuities (amounts based on gratuity guidelines). Max. total baggage allowance of 25 kilos (55 lbs.) per person. Additional charges may apply in excess of 25 kilos. Price is in CDN. dollars per person based on double occupancy for new individual bookings, subject to availability and change at time of booking and is inclusive of all taxes. Price is for departures March 1, 8, 15, 22, 29 on the Celebrity Reflection® in a 2D veranda stateroom category. Other categories/occupancy types are available at varying prices. This program is not combinable with any other offers. Certain restrictions apply. Celebrity Cruises reserves the right to correct any errors, inaccuracies or omissions and to change or update fares, fees and surcharges at any time without prior notice.
© 2014 Celebrity Cruises, Inc. Ship's Registry: Malta and Ecuador. All Rights Reserved.

Where the Breezes are always warm

Bahamas. The Bahamas is a mix of the familiar and exotic

MATT PRIGGE
Metro World News in New York

Forget all your northern troubles as you relax poolside in Nassau. CONTRIBUTED

The bitter cold reality of the dark life in the north early in the new year dares you to flock elsewhere.

So it's not surprising that the peak season for the Bahamas, and those lands in the adjacent Caribbean, lies in the bleak mid-winter.

The glut of tourists from North America has made for a curious culture.

On one hand, those who live and work in the Bahamas year-round maintain the Arawak lifestyle that links them with South America.

On the other, they've made room for North American things.

Indeed, Bahamian Independence Day is only a few days after its American equivalent. Because tourism is the islands' No. 1 economic driver, they celebrate both, one right after the other, for one crazy bash.

The Bahamas teem with fancy hot spots, especially in the capital city Nassau, located on the island of New Providence.

It's here that James Bond has returned again and again, including in his maiden voyage, Dr. No.

Breezes Bahamas was the first of what are still only three all-inclusive resorts on Nassau, and it remains one of the best deals, which is to say it's more affordable than most.

This isn't a sleek castle that protects one from everything but the weather and beach time. It's a getaway that tries to keep you close to island life.

At Breezes, there are the expected multiple pools, beachfront hang spots and an ever-flowing parade of Girl Drink Drunk cocktails whose names you'll quickly forget. But there's also Kalik, the Bahamas' most cherished local beer, a refreshing, fruity brew named for the sound produced by two smacked coconuts.

The mix of local and familiar is also reflected in the food. The two fancy restaurants and the all-day buffet fling continental food, but slip in Bahamian delicacies and twists on American standards.

You'll have to go off-site to take in the country's most cherished foodstuff: conch salad, a refreshing, filling mix of peppers, tomatoes and the white, tangy meat pulled from shells, topped with a liberal squeeze of lime juice. A bowl of the stuff will run you $10 US. We recommend the one from Twin Brothers.

Quick facts

- **Average temperatures.** The daily average temperature in the winter is in the mid-20s, falling to high teens at night.
- **What about hurricanes?** Hurricane season runs from June to November, with the height being during the month of October.

Meghan Agosta-Marciano, Two-time Olympic Gold Medallist, Hampton Inn Jericho - Westbury

MEGHAN AGOSTA-MARCIANO DOESN'T

TAKE A WEEKEND OFF

BUT YOU CAN.

TREAT YOURSELF TO A LONG WEEKEND AND UP TO 9,000 BONUS POINTS.

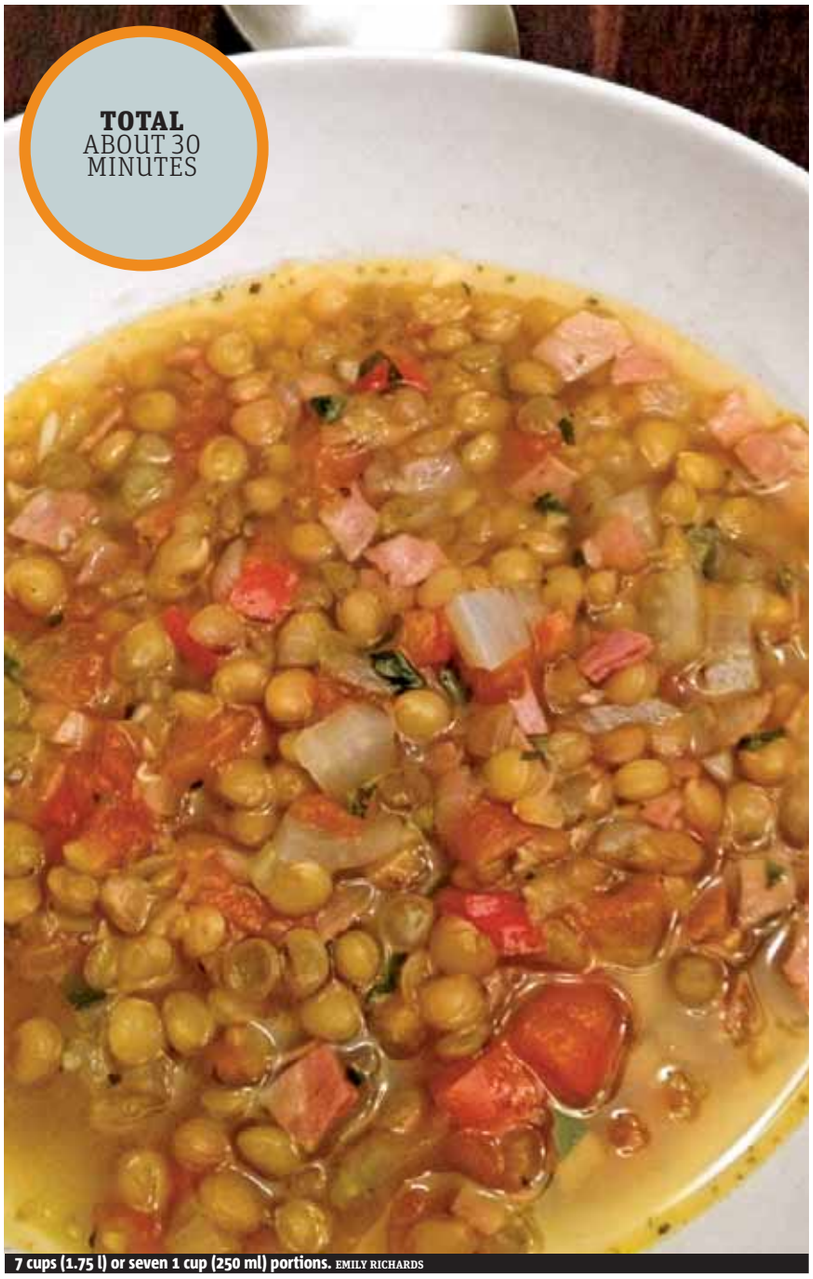
The Canadian Olympic Team spends weeks on the road training with the Olympic stage as their reward. As a business traveler, your time on the road away from home should be rewarded too. Join Hilton HHonors™ today or if you're already a member sign up for the **Weekend Rewards** promotion and earn 1,000 Bonus Points while you're traveling every day of the week. Reward yourself even more with a two-night weekend getaway and earn an additional 5,000 Bonus Points at participating hotels through April 30, 2014.* Make your next weekend even more rewarding with Hilton HHonors, the Official Hotel Supplier of the Canadian Olympic Team.

SIGN UP AT HHONORS.COM/REWARDS

Hilton · Waldorf Astoria · Conrad · DoubleTree · Embassy Suites · Hilton Garden Inn · Hampton · Homewood Suites · Home2 Suites · Hilton Grand Vacations · Hilton HHonors

OFFICIAL HOTEL SUPPLIER

*"Long Weekend" is defined as Thursday through Sunday night. You must be an HHonors member and first register at HHonors.com/Rewards prior to check-out of any eligible stay between February 1 and April 30, 2014 ("Promotion Period"). 1,000 Bonus Points per night of your stay in addition to 5,000 Bonus Points for a 2-night weekend stay. "Weekends" are defined as 2-consecutive nights between Thursday and Sunday. For a list of participating hotels, frequently asked questions, and the full terms and conditions of this offer, please visit the registration page, HHonors.com/Rewards. ©2014 Hilton Worldwide. TM/MC © COC, 2014.



7 cups (1.75 l) or seven 1 cup (250 ml) portions. EMILY RICHARDS

Hearty soup is an ode to Canadian-grown legumes

DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD

From your stove to your table in about 30 minutes

Legumes such as lentils are grown in Canada and are a delicious and easy way to add fibre and protein to your dishes.

This soup can easily be doubled for a large crowd or you can use up half and freeze the other half in smaller portions for lunches or dinners later in the month.

1. In a soup pot, heat oil over medium heat and cook onion, celery, garlic and Italian seasoning for about 5 minutes or until softened. Add lentils and stir to coat well.

2. Add broth, water, ham and red pepper; bring to boil. Reduce heat and add tomatoes. Cover and simmer for 30 minutes or until lentils are tender. Stir in parsley.

Biscuits
Make some yummy biscuits to serve up with your soup. This recipe yields about 12 of them.

1. Whisk together flour, granulated sugar, baking powder and salt. Cut in cubed butter until mixture resembles coarse crumbs. Drizzle over milk, stirring with a fork to make a soft, slightly sticky dough.

2. On a lightly floured surface, knead dough gently about 10 times. Pat dough into 1/2 inch (1 cm) thick square. Using floured knife cut into 12 pieces. Place on ungreased baking sheet. Brush tops of biscuits with a bit more milk. Bake in preheated 425 F (220 C) oven for about 12 minutes or until golden.

Ingredients

Soup
- 2 tsp (10 ml) canola oil
- 1 onion, chopped
- 1 large stalk celery, diced
- 3 cloves garlic, minced
- 1/2 tsp (2 ml) Italian herb seasoning
- 1 cup (250 ml) dried green or brown lentils
- 1 box (900 ml) sodium reduced chicken broth
- 3 cups (750 ml) water
- 4 oz (125 g) thinly sliced black forest ham, finely chopped
- 1 red bell pepper, diced
- 2 tomatoes, seeded and diced
- 2 tbsp (25 ml) chopped fresh Italian parsley

Biscuits
- 2 1/2 cups (625 ml) all-purpose flour
- 2 tbsp (30 ml) granulated sugar
- 1 tbsp (15 ml) baking powder
- 1/4 tsp (1 ml) salt
- 3/4 cup (175 ml) cubed butter
- 1 cup (250 ml) of milk

Cooking tips

- There are different varieties of sodium-reduced and lower-fat sliced black forest ham options you can use in the soup. But using ham that's been chopped allows for distribution throughout the soup. This is also a great recipe to use up leftover roast ham.
- You can substitute 2 cans (19 oz/540 ml each) lentils, drained and rinsed for the 1 cup (250 ml) of dried lentils and reduce the cooking time to 15 minutes.
- Store your lentils in a resealable glass jar. Not only will it look great, but you will also see them and use them more often.

Give borscht a rounded body

Borscht is woefully underappreciated in North America. This classic dish is not only a great way to eat a ton of vegetables, it also can be incredibly delicious.

But it generally has a bad reputation. People think of it as a cold, stringy and mostly bland soup. While it can be served cold, that's by no means the rule. And as for the stringy and bland part, no way. Borscht can get a stringy or mushy texture only if it's overcooked.

And if you've had a bland borscht, you just haven't had a good one. The key is to start it off right with a nicely sautéed onion and spicy pork sausage. They add tons of flavour and a great hit of protein that makes this a substantial soup that can stand in as full meal.

Dill and fennel seeds also amp the flavour. Round it out with fresh dill and sour cream, and you'll learn to love borscht.

1. In a large saucepan over medium-high, heat the oil. Add the onion and cook until just starting to brown, 3 to 5 minutes. Add the sausage and cook, breaking it up, until lightly browned, 3 to 5 minutes. Add the fennel and dill seeds and cook for another 30 seconds. Add the stock and bring to a simmer.

2. While the stock heats, fit a food processor with the large grating attachment. Grate the beets. Add the beets and any liquid in the processor to the pan. Bring to a simmer and cook for 5 minutes. Season with salt and pepper. Ladle into bowls and serve topped with sour cream and dill.

THE ASSOCIATED PRESS

Ingredients

- 1 tbsp olive oil
- 1 large red onion, thinly sliced
- 1 lb loose spicy pork sausage meat
- 1 tsp fennel seeds
- 1/2 tsp dill seeds
- 1 quart beef stock
- Three 15-oz cans beets, drained
- Salt and ground black pepper
- Chopped fresh dill, to serve
- Sour cream, to serve

This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

Balance ‘what can I get for you’ with ‘when’s that paper due?’

Cash between classes. There are many advantages to working while you’re in school. Find a good employee-student balance and make the most of that extra income

RIANA TOPAN
TalentEgg.ca

Working part-time while in school is an excellent way to offset some of your tuition, textbook and housing costs.

However, it can be challenging to juggle a job on top of an already-busy student schedule.

Here are some suggestions for how to balance a job along with your studies.

Stay organized

Planning out your schedule is the most important step to ensuring that you stay on top of your schoolwork and your job. Use a calendar that’s connected to your email or one that you can download to your computer — or opt for a paper agenda. Whatever you choose, use your planner to schedule in class times and deadlines, shifts at work, time for studying, errands and exercise, social activities and any other commitments you have.

Seeing your schedule laid out like this will help you to manage your time well and plan in advance to make sure you don’t let anything fall off your radar.

Be proactive about deadlines

Try setting “fake” due dates for yourself for assignments and exams a couple of days ahead of the real deadlines and aim to have your essay, report or studying completed by the earlier date.

Following this method, you’ll always have a buffer period if you fall behind or you can use that time to review your notes again or proof-read your assignment one last time.

You should also start working on projects as soon as you get them. Not only will it help you to get a good sense of how much time you need to set aside to complete the assignment, it will also eliminate the anxiety that comes with a looming deadline for something you haven’t started yet.

Be honest with your employer

Make it clear that your job is important to you but that your studies ultimately have to come first.

Your boss should already expect this and he or she will probably appreciate your dedication to your education.

Of course you’ll still need to make sure you’re still making your job a priority, however you can make things a little bit easier on yourself by arranging your working schedule around exams or assignments well in advance.

You should also be upfront with your employer about how many hours you are able to work each week without jeopardizing your schoolwork.

Offer to work a little extra during peak times. Employers will be more respectful of your schedule if you are respectful of theirs.

Let your manager know that while you’re dedicated to your side job, your education invariably comes first. ISTOCK

Treat your job like you treat school

Take your job seriously. Even though it’s secondary to your education, you still need to give it your best effort.

Give a little, get a little

Offer to work a little extra during peak times — employers will be more respectful of your schedule if you are respectful of theirs.

Work hard to learn the job and perform well. Work will be less stressful, your employer will be more willing to give you a good reference when all is said and done and you’ll be able to take pride in your work.

But don’t let yourself burn out

Be honest with yourself about what you can realistically handle. Not everyone can manage working while in school and taking on too much could mean you end up neglecting your studies. To prevent this from happening, make sure you give yourself a break every now and again. It’s important for your physical, emotional and mental health.

It’s expected that you’ll have to forego some social activities but that doesn’t mean you have to deprive yourself of all kinds of fun.

Take a night off occasionally to see friends and maintain relationships with the people you care about. And schedule in some personal time every once in a while too, to give yourself a chance to catch your breath, check in with yourself and make sure your stress levels are manageable.

Work hard, study hard

Treat your schoolwork like you treat your job:

- One of the hardest things about balancing course work as a student is time management, because there’s no one watching over to make sure you don’t procrastinate.
- When you’re studying, act like you’re at work: every minute counts, so make sure you’re using your time wisely. You have to become your own boss — you should hold yourself to the same high standards an actual employer would.

TALENTEGG.CA IS CANADA’S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

YOUR SUCCESS STARTS RIGHT NOW!
By making the decision to call Algonquin Careers Academy, you’re saying goodbye to “job hunting” and hello to an exciting new career.
MEDICAL LAB ASSISTANT/TECHNICIAN
40 week Diploma, inc. 6 week placement!
Contact us today
613-722-7811
Register now and receive OSMT fees and the exam prep workshop on us!
ALGONQUIN CAREERS ACADEMY
www.algonquinacademy.com 1830 Bank St, at Walkley station

YOUR SUCCESS STARTS RIGHT NOW!
By making the decision to call Algonquin Careers Academy, you’re saying goodbye to “job hunting” and hello to an exciting new career.
CONSIDER A CAREER IN BUSINESS OR LAW:
ACCOUNTING & PAYROLL ADMINISTRATOR DIPLOMA
PARALEGAL DIPLOMA* accredited by The Law Society of Upper Canada
LEGAL ASSISTANT DIPLOMA
Contact us today
613-722-7811
ALGONQUIN CAREERS ACADEMY
www.algonquinacademy.com 1830 Bank St, at Walkley station

My own world of work

An office on the move.
Of business meetings in Belgium and conferences in Cairo

TANIA DESA
TalentEgg.ca

You have a dream of working with a team of people from different cultures and backgrounds. You want to jump on the red eye to have meetings in Paris, New York and Tokyo. Essentially, you want to find a dream job in an exciting foreign city. Great, so where do you start? It all starts with a dream ... and a ton of research.

The dreaming phase

In order to get to where you're going, you have to know your destination. Crafting a vivid picture of where you want to be working and how you want to be living will give you a stronger sense of direction, inspire momentum and ignite action.

Think about it

Write down your answers to the following questions

- What intrigues me most about living and working abroad? List experiences and places that immediately come to mind.
- How could the experience enhance my skills and marketability?
- What types of people do I love to be around? In which industries can I find these people?

Look back on your answers. You have documented goals, industries, roles and countries or cities that spark your interest. What trends do you notice?

You may gravitate towards Asia to learn more about doing business in emerging markets. You may notice your passion for improving your Spanish draws you closer to South America. Perhaps your entrepreneurial and tech start-up curiosity leads you to Israel. Observe the trends in your thoughts and desires, then leap into the next phase.

The research phase

There are pros and cons to any location and a fulfilling international assignment is based on matching your objectives with a destination that can help you meet them. In order to discover a good match, there are a few things you should consider researching.

Work visas and permits
You can easily shortlist your dream destination list by learning where Canada has bilateral youth mobility agreements for Canadians age 18-35 years old.

Cost of living and your budget
Think about your budget. Determine your monthly budget by listing expenses you expect to incur, then compare the costs in your new dream destination.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

CAREER TRAINING
CAREER TRAINING WORTH MANY SMILES!
DENTAL OFFICE AND CHAIRSIDE ASSISTANT
CALL NOW FOR MORE INFORMATION!
1-866-475-3192
Apply online at www.EverestCanHelp.ca
Everest
COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
OTTAWA EAST • OTTAWA WEST
14 Convenient Locations in Ontario
Everest College is the largest private career college in Ontario with more than 9,000 enrolments last year.
Flexible class schedules. Hands-on training in small work teams. Courses are taught by instructors with real-world experience. Financial assistance may be available for those who qualify. Career services assistance available to graduates. Accredited by the Accrediting Council for Independent Colleges and Schools.

FRENCH, ENGLISH as a SECOND LANGUAGE

PART TIME
12 weeks (36 hours in class and 36 hours online)
FRENCH AS A SECOND LANGUAGE (10 LEVELS)
April 15 to July 5, 2014
Evenings: 6 pm to 9 pm (10 Levels)
Saturdays: 9am to noon (7 Levels)
ENGLISH AS A SECOND LANGUAGE (6 LEVELS)
April 15 to July 5, 2014
Evenings: 6 pm to 9 pm (6 Levels)

FULL TIME
4 weeks (60 hours in class and 60 hours online)
FRENCH AS A SECOND LANGUAGE (6 LEVELS)
February 18 to March 14, 2014
Levels 1, 3 and 5: 9am to noon
Levels 2, 4 and 6: 12:30 to 3:30pm
March 24 to April 17, 2014
Levels 1, 3 and 5: 12:30 to 3:30pm
Levels 2, 4 and 6: 9am to noon

FEES: $35.00
(Immigrants, new Canadians, Refugees whose language is neither English nor French)

Éducation Permanente
181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3
Fax 613-741-2191

CONSEIL DES ÉCOLES CATHOLIQUES DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner
www.educationpermanente.ca

ép ÉDUCATION PERMANENTE

MEDICAL PHARMACIES

NOW HIRING

PHARMACY ASSISTANT: We are seeking a Pharmacy Assistant to work full time at our retail dispensary located at the General Campus of The Ottawa Hospital. Candidates must possess extensive retail pharmacy experience, an ability to work in a very busy pharmacy and an aptitude for pharmacy software programs. Bilingualism is an asset. Please send your resume in confidence by email to jauprixlefebvre@oms.ca or by fax at 613.731.3025.

BILINGUAL OFFICE CLERK: We are seeking an Office Clerk to work full time at our head office located in the East end of Ottawa. Candidates must be highly dependable and have excellent customer service skills. The main duties include processing internal and external mail, sorting and filing documents, collating and binding documents and operating a multi line phone console at our reception desk. Bilingualism is mandatory. Please send your resume in confidence by email to ccharlebois@oms.ca or by fax to 613.244.3826.

REGISTERED PHARMACY TECHNICIAN: We are seeking a Registered Pharmacy Technician to work full time in our Long Term Care pharmacy located in the East end of Ottawa. Candidates must be licensed and registered with the Ontario College of Pharmacists, possess one year of pharmacy experience and have proven leadership skills. Bilingualism is an asset. Please send your resume in confidence by email to dmeghaizel@oms.ca or by fax to 613.244.3826.

Nesbitt ready to soldier on in Sochi

Winter Olympics. While her body has been saying no, Ontario speedskater says she's ready to go

Olympic speedskater Christine Nesbitt of London, Ont., is reflected in a television screen as she speaks with reporters in Sochi, Russia, on Tuesday. PATRICK SEMANSKY/THE CANADIAN PRESS

Innumerable turns around the oval over a 16-year career have taken their toll on Christine Nesbitt.

The human body, she'll tell you, isn't made for constantly moving in a bent-over position.

Saying she's dealing with "body issues," the Olympic gold medallist has struggled to find her form this past fall. One of the finest female long-track speedskaters ever produced in a country that has churned out some remarkable ones, was finishing well off the World Cup podium.

She was hesitant to delve into specifics about her ailments during a news conference Tuesday — she prefers to focus on the here and now — but she said they were the result of many years in the sport.

"I've been at a high level of competition for a number of years, and just speedskating is a very unnatural position," she said. "There's a reason that people don't speedskate for fun recreationally when they're 50. It's just a really hard sport on your body. I love it and it's fun, but when you're telling your body to do something and it's unable to do it … that's basically what was happening."

The 28-year-old from London, Ont., won gold in the 1,000 metres at the Vancouver Games, and it was after 2010 that her skating career really took off. The eight-time world champion seemed almost unbeatable en route to her No. 1 world ranking in the 1,000 and 1,500 metres in the 2011-12 season.

But when she should have been rounding into form this past fall for her third, and perhaps best, Olympic appearance, her body betrayed her. She finished seventh and 10th at a World Cup in Calgary in November, and admitted she'd been dealing with tightness in her back, and then finished 12th, 13th and 15th at a World Cup in Salt Lake City.

Nesbitt was also diagnosed with celiac disease last spring, which is caused by a reaction to a gluten protein found in wheat, and similar proteins found in other grains such as barley and rye.

Nesbitt has a busy schedule in Sochi, racing in the 500, 1,000 and 1,500 metres and the team pursuit at the Adler Arena oval as the leader of a young Canadian squad.

She believes, despite the rough patch, she's still in the medal hunt.

"I think that for sure I'm not a favourite I'd say, but if I skate the way that I know how to skate and if I'm confident in myself, I can race to the level that I have raced at in previous seasons," she said. THE CANADIAN PRESS

Did you know?

The clap skate revolutionized speedskating in the mid-1990s, helping lower world records considerably. The skates are hinged to the front of the boot and detach from the heel, allowing a more natural range of movement. The blades are about one millimetre thick and come in lengths from 13 to 18 centimetres.

Ageless wonder

42

Germany's Claudia Pechstein, pictured, will turn 42 during the Olympics, her sixth. She owns nine career medals and will try for a 10th in the 5,000 metres.

Accommodations

Small beds, rooms for big NHL stars

It's not a Motel 6, but it's a far cry from the Ritz-Carltons and other luxury hotels Sidney Crosby and his teammates are accustomed to.

The men's hockey team will have stunning views of the Black Sea, but their accommodations at the Olympic village in Sochi are basic — two or three players to a room, sleeping on twin beds and sharing a bathroom.

There is no special treatment for these NHL superstars. When they arrive next week, they'll bunk in the dorm-style rooms, just like the rest of the Canadian athletes. THE CANADIAN PRESS

NHL

More games slated for TV

Clear your schedule, sports fans: There's about to be a lot more hockey on television.

Nearly 500 regular-season games will air in Canada as part of the blockbuster 12-year agreement between Rogers Communications and the NHL.

That's a jump of more than 400 per cent from the number of games shown during the regular season on CBC, which currently holds the broadcast rights. THE CANADIAN PRESS

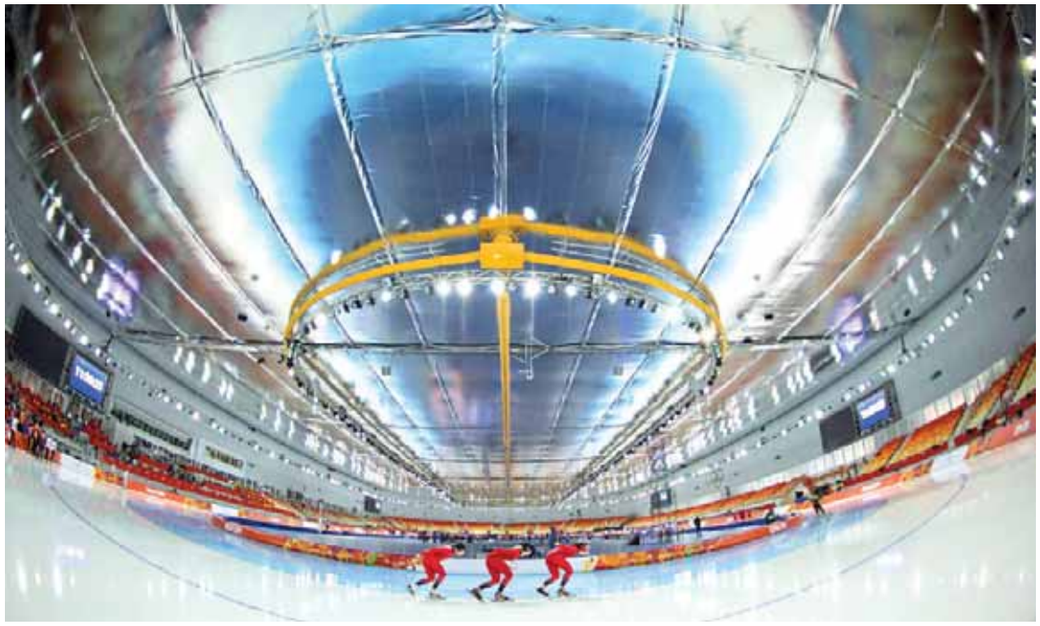
Scotties

Homan goes for 6-0 record

Ottawa native Rachel Homan's Team Canada improved to 5-0 at the Scotties Tournament of Hearts on Tuesday in Montreal with a 10-5 win over Alberta's Val Sweeting (4-2).

Homan faced Nova Scotia's Heather Smith in Tuesday's evening draw. Go to metronews.ca for coverage. THE CANADIAN PRESS

24/7
GERVAIS
TOWING & RECOVERY • 613-747-4666
24 HOURS A DAY, WE ARE ALWAYS THERE WHEN YOU NEED US
Big or Small
We Tow Them All!
78 YEARS



Norwegians cruise lines on Olympic oval

Members of the Norwegian speedskating team round the track at Adler Arena Skating Centre ahead of the Winter Olympics on Tuesday in Sochi, Russia. The men's 5,000 metres will kick off speedskating events on Saturday. PAUL CHIASSON/THE CANADIAN PRESS

Early bird gets the ice on foreign soil

Figure skating. Patrick Chan arrived in Sochi last week so he could work out kinks

On Patrick Chan's first full day in Sochi, he misjudged the length of the walk from his room to the gym, and the length of the bus ride to the rink.

The three-time world champion ended up missing his first practice.

But the 23-year-old from Toronto — and self-professed creature of habit — arrived in Sochi several days ahead of the other skaters to iron out the kinks early, and the decision, he said, paid off.

"It's been quite an adventure," Chan said at a news conference Tuesday. "That was the reason I came early, so that I could get in that routine and make this here in Sochi a training environment for me, so it will be easy for me to start competing and feel at ease and calm on the ice.

"Having those days where I missed the practice, that's where I really learned about time management."

Patrick Chan speaks with his coach Kathy Johnson during a figure skating practice session on Monday in Sochi, Russia. MARK BAKER/THE ASSOCIATED PRESS

His early arrival last Friday also meant he had the ice all to himself for the first couple of days, a "huge advantage" for the skater who hopes to claim Canada's first ever Olympic gold medal in men's singles.

"In my whole career I haven't had a practice on my own in all the Grand Prixs I've been to," Chan said. "Who would imagine at the Olympics I'd have ice on my own? It was a huge help because at the end of the day when I compete I'm on my own, I'm on the ice on my own; there's nobody else on the ice.

"I really enjoyed it, also the fact I could play my music as many times as I wanted."

Chan has been the skater to beat since winning three consecutive world titles. At the Trophee Bompard Grand Prix in November, he ran away with gold, smashing the world records in the short and long program and for overall score to finish a whopping 31 points ahead of second-place Yuzuru Hanyu.

THE CANADIAN PRESS

Did you know?

The IOC has added a team competition in 2014 to the familiar medal events of men's and women's singles, pairs and ice dance. Ten countries will take part, combining the scores of their entries in the four disciplines.

West's best

7/10

Russian or Soviet skaters have won seven of the 10 gold medals in the ice dance, but London duo Tessa Virtue and Scott Moir will be on hand to defend their titles.

Team Canada antsy to start title defence

Three days after arriving in Sochi, Canada's women's hockey players couldn't wait to get on the ice for their first pre-Olympic practice.

"Everyone was getting pretty antsy," defenceman Catherine Ward said. "We wanted to get out there. We were sitting by the boards waiting to finally step on."

It finally happened Tuesday as Canada spent about an hour shaking off the effects from their journey to Russia and the rust that had built up from a few days off. Even though goaltender Shannon Szabados said this was the longest the team had gone not practising since August, coach Kevin Dineen considered it a smart decision to wait.

"There was (a) little itch by us as a staff to get the team on the ice, but at the end of it, we felt that it was time well spent off the ice getting acclimated to the area," Dineen said. "It was a good Day 1 for us on the ice."

If past history is any indication, there will be a lot of good days in the next few weeks for Canada, which has consistently been favoured in these tournaments. Barring something unexpected, the United States is the only real competition, and even some of Canada's recent exhibition struggles against the U.S. hasn't lowered the expectation.

"We expect from ourself to win," captain Caroline Oullette said. "It's no different than any other years and every other Olympics. That's what every athlete that is here wants and that's why we're here."

Szabados said it was the same level of pressure as Vancouver four years ago because "as a hockey player playing for Canada, I think your country expects gold just based on the history of Canadian hockey, as they should."

But there are some more difficult circumstances this time, most notably switching coaches from Dan Church to Dineen two months before the start of the Olympics. Oullette doesn't consider that a major disadvantage because Canada, which is looking for a fourth straight gold medal, kept the same system through the transition.

THE CANADIAN PRESS

Did you know?

In order to boost competition in a sport that has been dominated by Canada and the United States, the women's hockey format was changed this year. The round-robin features a guaranteed grudge match between the North Americans, and a chance for them to earn a bye through to the semifinals.

Phenomenal Finn

41-0

Finland goalie Noora Raty was 41-0 at the University of Minnesota, leading her team to a second straight college championship.

Team Canada's Hayley Wickenheiser walks to the practice rink with co-coach Danielle Goyette on Tuesday in Sochi, Russia. ADRIAN WYLD/THE CANADIAN PRESS

ON TOP WHERE IT BELONGS

www.ajac.ca

2014 MAZDA3 SPORT
WINNER OF THE BEST NEW SMALL CAR
(OVER $21,000)

AUTOMOBILE JOURNALISTS
ASSOCIATION OF CANADA

allnewmazda3.ca #GAMECHANGER

ZOOM-ZOOM

AUTOMOBILE JOURNALISTS
ASSOCIATION OF CANADA

www.ajac.ca

2014 MAZDA 3
WINNER OF THE BEST NEW SMALL CAR
(UNDER $21,000)

ON TOP WHERE IT BELONGS

mazda

Audi A3 is an affordable luxury

PHOTO: WHEELBASEMEDIA.COM

Compare

1 Acura ILX
Base price: $30,000

2 Cadillac ATS
Base price: $37,000

Review. Times have changed: your budget no longer determines your brand

MALCOLM GUNN
wheelbasemedia.com

Audi is fueling the small-sedan craze with the next-generation A3 and the timing couldn't be better.

Big-luxury-car buyers, it seems, are finally discovering what many people have known for years: that driving small sedans can be lots of fun, especially when they come with plenty of amenities and are more cost- and fuel-efficient.

Catering to this emerging segment are Germany's primary builders of upscale rides. Mercedes-Benz recently jumped into the luxury-compact pool with the 2014 CLA 250 sedan. The BMW 1-series (soon to be the 2-series) is in the mix, but until the forthcoming four-door 2-series Grand Coupe arrives in a couple of years you'll have to settle for the two-door version.

The A3 brand has been available in North America since the 2006 model year, but only as a wagon. This spring, however, Audi will sell a brand new A3 sedan, followed by cabriolets (convertibles) and better-performing S3 models. Also in the pipeline is the A3 e-tron electric plug-in hatchback hybrid that is expected to arrive in about a year.

Along with a different body, the A3 has been given a new platform that pushes the front wheels forward by about four centimetres when compared to the previous wagon. That helps out in the passenger-space department, as does a nearly-five-centimetre gain between the front and rear wheels. Overall, the A3 is more than 15 centimetres longer (and slightly wider) than its predecessor.

Initially, the A3's powertrains will consist of a turbocharged 170-horsepower, 1.8-litre four-cylinder, with a turbocharged 220-horsepower 2.0-litre four-cylinder on the option sheet. By the end of the year, a 150-horsepower, 2.0-litre, turbo-diesel will be added as well as a more powerful version of the 2.0 gas engine for the S3 that generates about 290 horsepower.

The standard six-speed automated-manual transmission delivers fast shifts, while Quattro all-wheel-drive is offered with the 2.0 gas engine.

An integral part of the A3's drivetrains is Audi's drive select system with four distinct settings ranging from normal to sporty for the transmission shift points, throttle sharpness and power-steering effort and feel.

In addition, the standard stability control (which prevents skids and spins) features an electronic differential lock that, during cornering, applies moderate braking to the inside front wheel to reduce the natural tendency to travel in a straight line even when the wheel is turned, called understeer.

For $33,100 (which is about $3,000 less than the Mercedes-Benz CLA 250), the A3 comes reasonably equipped with leather seat covers, a panoramic glass sunroof, bright xenon headlights and Bluetooth short-range wireless networking. Of course Audi will tempt you with an array of options such as a navigation system with unique three-dimensional graphics, LED headlights and a Bang & Olufsen sound package that's usually found in models costing more than twice that of the A3.

The A3's most appealing quality, however, might be its ability to mimic its larger stablemates in looks and features while maintaining an attractive entry price. Even lavishly equipped, the A3 could easily be had in the low-$40,000 range, which is the upper threshold for more mainstream sedans that lack the cachet or the performance prowess of this modestly sized Audi.

2015 Audi A3

- **Type.** Four-door, front- /all-wheel-drive compact sedan
- **Engines (hp)** 1.8-litre DOHC I4, turbo (170); 2.0-litre DOHC I4, turbo (220)
- **Transmissions.** Six-speed automated manual
- **Base price (incl. destination).** $33,100

Design

The A3 sedan pretty much sticks to the A4 and A6 styling script with a long hood and short rear deck plus sharp sheet-metal creases in between to keep things interesting. It's the kind of design that never seems to go out of fashion.

Interior

Inside, the car displays Audi's usual attention to detail. The standard pop-up seven-inch-diagonal control panel/navigation/infotainment display screen does seem out of place, but most reputable automakers are installing them along with twist-and-turn console-mounted controller dials to reduce dashboard button clutter.

DRIVE

*Limited time 2.9% semi-monthly lease offered through Toyota Financial Services on approved credit to qualified retail customers on all new 2014 Corolla models. First semi-monthly payment due at lease inception and next semi-monthly payment due approximately 15 days later and semi-monthly thereafter throughout the term. Toyota Financial Services will waive the final semi-monthly payment. Semi-monthly lease offers not open to employees of Toyota Canada, Toyota Financial Services or TMMC/TMMC Vehicle Purchase Plan. Some conditions apply. See your Toyota dealer for complete details. Example (applies across Canada except Quebec): 2014 Corolla CE 6M with a vehicle price of $16,415 (includes $1,100 Toyota Canada Lease Assist, which is deducted from the negotiated selling price after taxes, and $1,520 freight/PDI) leased at 2.9% over 60 months with $0 down payment equals 120 semi-monthly payments of $89 with a cost of borrowing of $1,735.85 and a total obligation of $12,369.05. $0 security deposit and first semi-monthly payment due at lease inception. Price and total obligation exclude license, insurance, registration, fees and taxes. 100,000 km allowance for 60 months, with ability to purchase additional kilometres at $0.05/km at time of lease inception, and a charge of $0.07/km for excess kilometres. Dealer may lease for less. †Toyota semi-monthly lease program available on 48 month and 60 month terms. Toyota semi-monthly lease program based on 24 payments per year, on a 60-month lease, equals 120 payments, with the final 120th payment waived by Toyota Financial Services. Competitive bi-weekly lease programs based on 26 payments per year, on a 60-month lease, equals 130 payments.

Paul Walker lived fast, gave generously

Autoknow. Was there ever an actor who was synonymous with pop car culture on such a large scale? It's doubtful there will be another.

TODD D. BURLAGE
wheelbasemedia.com

Walker (centre left) played Brian O'Connor in the very popular Fast and Furious movies. BOTH PHOTOS WHEELBASE

Perhaps we've all been in over our heads at one time or another. The thing is that most of us live to tell about it. Most of us.

Sometimes all hell breaks loose. The car crashes at more than 150 kilometres per hour. Lives shatter.

Driver Roger Rodas and Paul Walker died Nov. 30 on what was shaping up to be just another cruise on a sunny California day.

Walker, 40, the passenger in a red 2005 Porsche Carrera GT, and Rodas, his friend and business partner, had departed from a charity event. Minutes later both men were dead in a single-vehicle crash.

How it happened and who was to blame all seems irrelevant when it doesn't change the outcome. Rodas, 38, an accomplished racing driver, left behind a wife and two children.

And Paul Walker, best known as the hero of the Fast and Furious movie franchise, is survived by his 15-year-old daughter, two sisters and two brothers.

It was a shock to fans and a tragic ending to what had been a fast life that was often built around four wheels.

Born, in Glendale, Calif., Walker, who began modeling as a child before hitting the big-time on the big screen, was a chart-topper and a heart-stopper for plenty of women across decades.

Along with increasingly significant acting gigs (Pleasantville, 1998 and Varsity Blues, 1999, for example), Walker as a youth was supported by a meaningful family structure. He attended a Christian high school in San Fernando Valley, where everyone knows everyone else and friendships are forever.

Following graduation he formally pursued his passion for studying marine life.

He also loved cars. Walker-family DNA apparently includes a gene for gearhead. Both his grandfather, who raced factory cars for Ford, and his father planted seeds that Walker cultivated into obsession. And that was before The Fast and the Furious (2001) movie character of Brian O'Connor.

Quoted

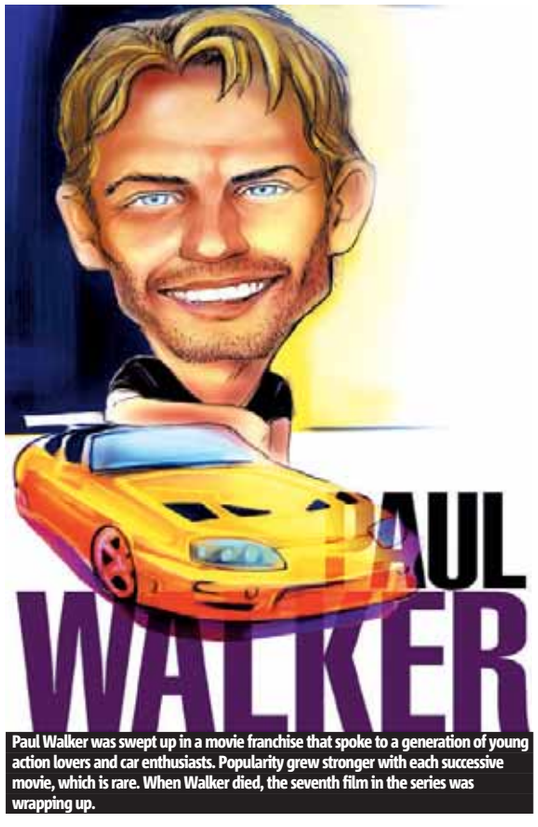
Walker was widely known for his philanthropy and humanitarian pursuits, including having founded his own relief organization.

The film's makers said Walker, then only 28, was like a modern-day Steve McQueen. Sparkling blue eyes, 6' 2, and a man who could go from a flashy smile to a stern deadpan look at the drop of a hat.

Fans took notice and Walker caught a break: the original Fast movie wasn't supposed to be a blockbuster, but suddenly he was a superstar who was branching out and doing other projects such as the sled-dog movie Eight Below (2006). At the time of his death, filming of the seventh Fast and Furious movie was wrapping up.

Franchise, fame and fortune were his.

He pretended not to notice. In interviews and public statements he eschewed the Hollywood party scene, like its ubiquitous seduction had no hold on him. He was his own man.



Paul Walker was swept up in a movie franchise that spoke to a generation of young action lovers and car enthusiasts. Popularity grew stronger with each successive movie, which is rare. When Walker died, the seventh film in the series was wrapping up.

He loved other things, such as marine biology. He starred in a National Geographic Film called Shark Men in 2010. He also held a brown belt in Jiu-Jitsu.

However, he was best known, publicly, for his movie roles that portrayed speed, and a big part of his personal life was centered on it, including a healthy collection of cars. He also competed in racing events.

Quoted

He was his own man. He loved other things, such as marine biology. He starred in a National Geographic film called Shark Men in 2010. He also held a brown belt in jiu-jitsu.

But the fast lane isn't the safest place to travel and sometimes it can bite.

Rodas was Walker's financial advisor, a former racer and ran a performance shop that Walker owned.

On that fateful day, it likely didn't help that the $500,000, 600-horsepower Porsche that Rodas, a former racer, was driving was a supercar capable of more than 300 km/h. Reports cleared the Carrera GT of any mechanical issues, but Rodas was driving in a San Fernando Valley suburb at more than 160 km/h when the crash occurred.

Merely along for the ride that day, Walker made no effort to hide his addiction to speed. The kinds of cars he owned, the number of them, and the interviews in which he openly disclosed his acceptance of risk, all point to the late actor's yin and yang.

Speed was in his blood, but on the other hand, even before there was a need to memorialize him, friends and colleagues characterized Walker as generous, humble and compassionate. Plenty of evidence supports their claims.

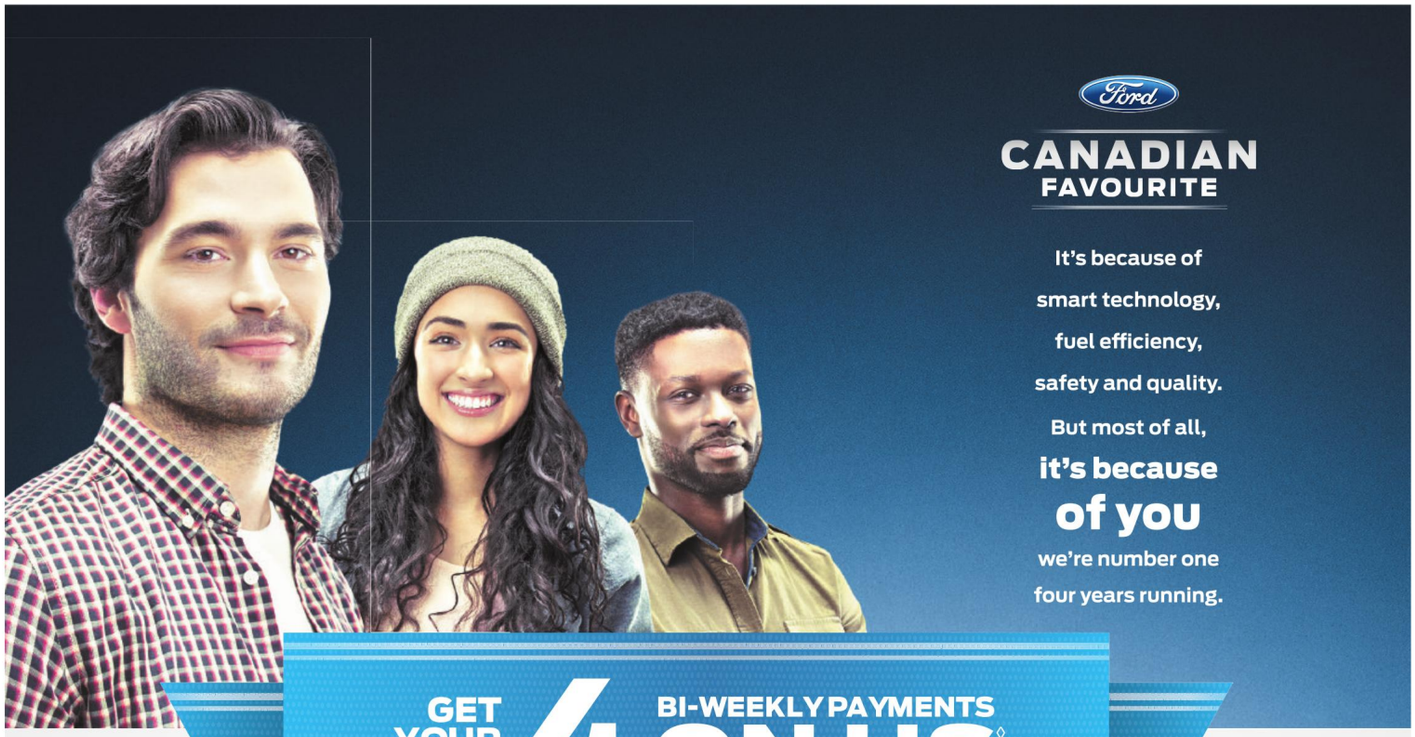
Walker was widely known for his philanthropy and humanitarian pursuits, including having founded his own relief organization.

He personally volunteered in Haiti, Chile, and the Philippines, as well as many domestic locations devastated by natural disasters.

A few years ago, he anonymously purchased an engagement ring on behalf of an active duty marine and his girlfriend, both strangers to Walker, after overhearing of their financial difficulties.

And of course he had just attended an event for his charity, Reach Out Worldwide for victims of Typhoon Haiyan, when he and Rodas headed out in the Porsche.

Walker was young, and talented, and loved. That's for certain. Celebrities scintillate, we titillate, but we're all only human. In August, Walker quoted novelist-philosopher Ayn Rand when he tweeted, "The question isn't who is going to let me. It's, who is going to stop me?"



Ford

CANADIAN FAVOURITE

It's because of smart technology, fuel efficiency, safety and quality.

But most of all, **it's because of you** we're number one four years running.

GET YOUR FIRST 4 BI-WEEKLY PAYMENTS ON US◊

WITH THE PURCHASE FINANCE OR LEASE OF SELECT NEW 2013 AND 2014 MODELS

#1 SELLING AUTOMOTIVE COMPANY IN CANADA 4 YEARS RUNNING¥

AND UP TO **$10,000**¤ IN MANUFACTURER REBATES
ON MOST NEW 2013 AND 2014 MODELS

OR AS LOW AS **0%**** APR PURCHASE FINANCING
ON SELECT NEW 2013 AND 2014 MODELS

2013 IIHS TOP SAFETY PICK | 10Best CAR AND DRIVER 2013 | 2014 IIHS TOP SAFETY PICK+ with optional front crash prevention

Platinum model shown.

2013 FOCUS SE HATCH

PURCHASE FINANCE FOR **0%**** APR
For up to 72 months.

*BEST-SELLING VEHICLE NAMEPLATE IN THE WORLD^*

AND GET **$1,000**¤ IN MANUFACTURER REBATES

5.5L/100km 51MPG HWY^^ / 7.8L/100km 36MPG CITY^^

WELL-EQUIPPED WITH:
2.0L direct-injection I-4 engine , SYNC® with MyFord® 4" Screen, Quad-Beam Halogen Headlamps, and AM/FM Single-CD/MP3-capable stereo with six speakers **AND MUCH MORE.**

2014 FUSION S

LEASE FOR ONLY **$299 @ 0%***** APR
For 48 months with **$0 down.**

OR OWN FOR ONLY **$23,798*** Offers exclude taxes.

5.8L/100km 49MPG HWY^^ / 9.2L/100km 31MPG CITY^^

WELL-EQUIPPED WITH:
6-speed Automatic Transmission with SelectShift, Air Conditioning, Automatic Projector Headlamps, Ford SYNC® Voice Activated In-Vehicle Connectivity System Audio and USB port **AND MUCH MORE.**

2014 ESCAPE S

LEASE FOR ONLY **$299 @ 0%***** APR
Per month for 48 months with $1000 down.

OR OWN FOR ONLY **$25,318*** Offer includes $500 in manufacturer rebates. Offers exclude taxes.

6.7L/100km 42MPG HWY^^ / 9.5L/100km 30MPG CITY^^

WELL-EQUIPPED WITH:
6 Speed Selectshift® Automatic Transmission with Sport mode, Power Sideview Mirrors, MyKey®, Torque Vectoring Control **AND MUCH MORE.**

2013 F-150 XLT SUPERCREW

GET **$10,000**¤ IN MANUFACTURER REBATES

OWN FOR ONLY **$29,998*** Offer excludes taxes.

10.6L/100km 27MPG HWY^^ / 15.0L/100km 19MPG CITY^^

WELL-EQUIPPED WITH:
5.0L Ti-VCT 4-Valve V8 FFV Engine, Ford SYNC® Voice Activated, In-Vehicle Connectivity System, Automatic Headlamps, **AND MUCH MORE.**

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased).
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

COSTCO WHOLESALE

ELIGIBLE COSTCO MEMBERS **RECEIVE AN ADDITIONAL $1,000‡** ON MOST NEW VEHICLES

Discover why more Canadians are driving home a Ford.
Only at your Metro Ford Dealers of Ottawa.

Ford
Go Further
ontarioford.ca

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

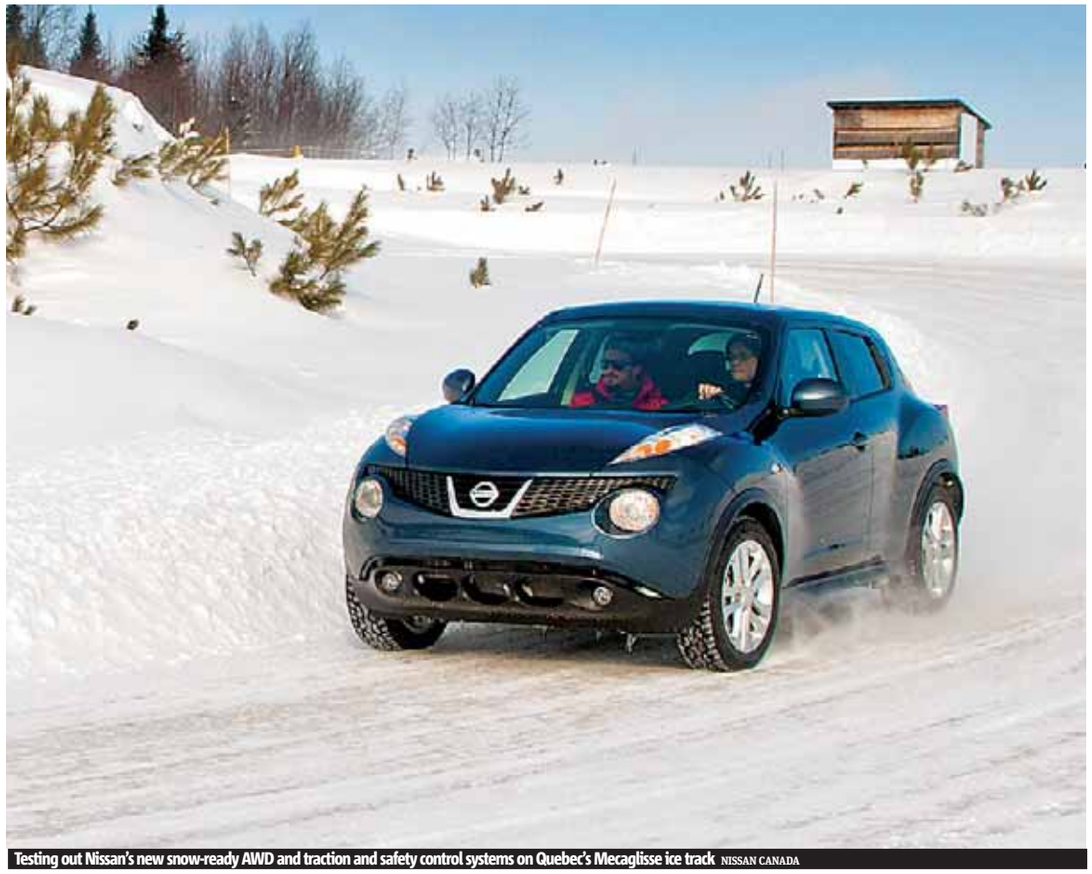
Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinables thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). ◊ Until February 28, 2014, eligible purchase financing and lease customers will have the equivalent of their first four bi-weekly payments covered by Ford Motor Company of Canada, Limited up to a maximum amount per eligible vehicle (the "Offer"). The Offer applies to the first four bi-weekly payments for customers paying on a bi-weekly basis and the sum of 12 monthly payments divided by 26 and multiplied by 4 for customers paying on a monthly basis ("First 4 Bi-Weekly Payments"). Maximum amounts are $500 on 2013/2014 [Focus S and Fiesta S]; $750 on 2013/2014 [Focus (excluding S)] and 2014 [C-MAX]; $1,250 on 2013/2014 [Taurus, Edge]; $1,500 on 2013/2014 [F-150 Regular Cab, Super Cab, and Super Crew]; $1,750 on 2014 [Explorer]; $1,750 on 2014 [Expedition]; All Mustang Shelby GT500, Transit Connect, E-Series, F-150 Raptor, Super Duty, Medium Truck, Chassis, Stripped Cab and cutaway models excluded. Offer only available on approved Credit (O.A.C.) from Ford Credit. If the equivalent of the First 4 Bi-Weekly Payments exceeds the maximum amount, the customer will be responsible for the balance. First 4 Bi-Weekly (or monthly payment equivalent, as applicable) payments are required from customer. Finance customers will receive a cheque for the amount of their First 4 Bi-Weekly Payments from the dealer. For non-GM customers, the first month's payment will be waived and they will receive a cheque for the amount of their first monthly payment. Offer not available to cash purchase customers. Not combinable with GPP, CPA, GPC, Commercial Upfit Incentive Program or Daily Rental Advances Incentives. Until February 28, 2014, purchase finance or lease of select new 2013 and 2014 Ford Escape S or 2014 Ford Fusion S for up to 48 months and get 0% APR on approved credit (O.A.C.) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease the above-noted model with a value of [$24,318/$23,798] (after [$1,000/$0] down payment or equivalent trade in and [$500/$0] manufacturer rebate deducted) at 0% APR for up to 48 months with an optional buyout of [$9,961/$9,424], monthly payment is $299, total lease obligation is [$15,352/$14,352], interest cost of leasing is $0 or 0% APR. Offers include freight, air tax, and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restriction of 32,000km for 24 months applies. Excess kilometrage charges are 12¢per km for Fusion and Escape, plus applicable taxes. Excess kilometrage charges subject to change (except in Quebec), see your local dealer for details. ¤ Until February 28, 2014, receive $500/ $1,000/ $1,500/ $2,000/ $2,250/ $3,000 / $4,000 / $4,500 / $6,500/ $7,000 / $8,000/ $8,500/ $9,000/ $10,000 in Manufacturer Rebates with the purchase or lease of a new 2014 [Escape (excluding 2.0L)] / 2013 [Focus (excluding BEV), Fiesta], 2014 [Escape 2.0L, E-Series, Focus BEV] / 2013 [Escape S], 2014 [Mustang V6 Coupe, Taurus (excluding SE)] / 2013 [C-MAX, Edge AWD (excluding SE), F-150 Regular Cab XL 4x2 Value Leader], 2014 [F-350 to F-550 Chassis Cabs, F-150 Regular Cab XL 4x2 Value Leader, Transit Connect (excluding Electric), Edge] / 2013 [Taurus SE] / 2013 [Edge FWD (excluding SE)], 2014 [Mustang V6 Premium] / 2013 [Escape 1.6L, Taurus (excluding SE)], 2014 [Mustang GT] / 2013 [Escape 2.0L] / 2013 [Expedition], 2014 [F-250 to F-450 (excluding Chassis Cabs) - Gas Engine]/ 2014 [F-150 Regular Cab (excluding XL 4x2)] / 2014 [F-150 Super Cab and Super Crew] / 2014 [F-250 to F-450 (excluding Chassis Cabs) - Diesel Engine]/ 2013 [F-150 Raptor SuperCab and SuperCrew] / 2014 [Fusion], 2014 [Mustang (excluding Shelby GT500), Escape]; $1,250 on 2013/2014 [Taurus, Edge]; $1,250 on 2013/2014 [F-150 Regular Cab, Super Cab, and Super Crew]; $1,500 on 2013/2014 [Flex],

Volkswagen de l'Outaouais
SAVINGS-O-METER

This winter at Volkswagen de l'Outaouais, the colder it gets, the more you save!
-10° = Save up to 10%*
Every Saturday, the temperature dictates the discount on your favorite Volkswagen.
-10° Celsius? Save up to 10%* on the MSRP of all 2013 and 2014 in-stock vehicles!

850 St-Joseph blvd., Gatineau (Hull sector)
ONLY 5 MINUTES FROM DOWNTOWN OTTAWA
819-770-0220 • vwo.ca
*A percentage equal to the temperature displayed on Volkswagen de l'Outaouais' outdoor thermometer, every Saturdays between January 18th and March 1st 2014, will be credited to the MSRP of the vehicle. A minimal amount of 2% will be applied for all temperatures over -2 degrees Celcius with a maximum discount of 10% for all temperatures under 30 degrees Celcius. Freight, PDI, RDPRM, duties, administration fees and taxes are extra. Offers available on purchase of a new and unregistered 2013 or 2014 in-stock Volkswagen. Some conditions apply. Offers end March 1, 2014. Model shown for illustration purposes only. Visit Volkswagen de l'Outaouais or www.vwo.ca for complete details.

Advertised ice track delivers on slippery promise



Testing out Nissan's new snow-ready AWD and traction and safety control systems on Quebec's Mecaglisse ice track NISSAN CANADA

Quebec's Mecaglisse. The track north of Montreal is open all year but if you want a fun, frozen challenge now is the time to go

AUTO PILOT
Mike Goetz
drive@metronews.ca

Ice skates are expressly designed for travelling on ice. Passenger cars are not. They prefer pavement. So naturally there are people who like to take advantage of the vehicle's inherent inadequacies on ice and make sport of it.

These people are not as mean as they sound, they just get a kick out of how fun and educational it is to explore the boundaries and techniques of car control. And when compared to pavement, ice affords that opportunity at a relatively lower speed, cost and risk.

"Learning the techniques to get control of a car going sideways on ice … that's so much fun," says Franck Kirchhoff. "More fun than driving on a road course at 200 km/h."

He should know, he's done both, and both on the same track. The track is part of Mecaglisse Motorsport Complex located in Quebec's Laurentian area north of Montreal. Along with his father, Kirchhoff owns and runs the operation, which features more than 15 km of tracks of various descriptions and surfaces.

In the non-winter months the facility is used for rally driving schools, defensive driving schools, motorcycle racing, club and corporate events, and public lapping days.

Same thing in the winter. Except for the motorcycle racing, and except for the fact that all of the activities are now done on snow and ice. The winter set-up includes one 2.5-km ice track, and one 2.5-km snow track. If the weather permits, they run this set up from the first week of January to the first week of March.

Nothing complicated about making an ice track over a paved track. Kirchhoff says the three-man crew first packs the snow down. After it is really hard and compacted, they just add water, via trucks carrying water tanks.

"We spray a lot of water," he says one more time, to make sure I understand the tricky, technical concept. How thick is the ice? Kirchhoff uses his hands to signify about a nine-inch layer.

I'm here at Mecaglisse as part of a Nissan press program, designed to showcase the virtues of the brand's snow-ready AWD and traction and safety control systems. They work as advertised, and, also as advertised, the ice track is very slippery. Even with our studded tires and AWD, anytime you wanted to get hairy you could. Not that the Nissan instructors riding shotgun wanted us journalists to get too hairy. I didn't either — nobody wants to be first to put a crease in a brand new Nissan belonging to someone else.

I suppose most of us were going about 40-60 km/h on the more open sections of the track, and a lot slower on the tighter ones. Next week Porsche will come to Mecaglisse for its customer-focused Camp4 Driving Experience program. He figures when the Carrera 4S is deployed for hot laps it will be probably get up to 120 km/hr or so down the straight and doing so sideways.

Finally, I ask Kirchhoff if the facility has special equipment for pulling vehicles and their drivers out of the snow banks, when things don't go entirely as planned out there on the ice track? "Yes," he says, "We have big tractors."

KEEP
YOUR TUQUE DOWN AND
YOUR CHIN UP

2014 JETTA

$0 FIRST PAYMENT*

Lease from

$148 per month for 48 months** **1.9% APR**

$691 down payment

2014 TIGUAN

$0 FIRST PAYMENT*

Lease from

$288 per month for 48 months** **1.9% APR**

$946 down payment

WINTER RELIEF

A PROGRAM TO HELP WINTER-AFFLICTED CANADIANS

Das Auto.

1-800 DRIVE VW

vw.ca

*$0 first monthly payment available on lease (through Volkswagen Finance, on approved credit) of any new and unregistered 2014 model up to a combined, total maximum of $500 (excluding taxes). **Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2014 Jetta 2.0L / Tiguan 2.0T base model with 5/6-speed manual transmission. $1,395/$1,610 freight and PDI included in monthly payment. 48-month term at 1.9% APR. $691/$946 down payment or equivalent trade-in, $220/$340 security deposit and first monthly payment due at lease inception. Total lease obligation: $8,421/$15,461. 64,000 kilometre allowance; charge of $0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may lease for less. Dealer order/trade may be necessary. Offer ends February 28, 2014 and is subject to change or cancellation without notice. Model shown: 2013 Jetta 2.5L Highline, $24,590 / 2013 Tiguan 2.0T Highline R-Line, $40,190. Vehicles may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.

MOTOR TREND TRUCK OF THE YEAR® 2014

BEST FUEL ECONOMY OF ANY FULL-SIZE TRUCK**

CANADA'S LONGEST-LASTING PICKUP=

THE FIRST EVER BACK-TO-BACK WINNER IN HISTORY.

THE NEW 2014 RAM 1500

$1,500 BONUS CASH» IF YOU ARE A LICENSED TRADESMAN OR IF YOU CURRENTLY OWN ANY PICKUP TRUCK

GET TOTAL DISCOUNTS OF UP TO $10,000€

AS GOOD AS 36 MPG HWY* 7.8L/100 KM

2014 RAM 1500 QUAD CAB SXT 4X4

$26,295• PURCHASE PRICE INCLUDES $8,500 CONSUMER CASH,* $1,500 BONUS CASH,» FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

OR CHOOSE

$150 BI-WEEKLY FINANCING† @ 4.29% FOR 96 MONTHS WITH $0 DOWN

STEP UP TO THE 2014 RAM 1500 QUAD CAB SLT 4X4 $24 MORE BI-WEEKLY

PULL-AHEAD BONUS CASH $1,000Ω

PULL-AHEAD INTO A NEW VEHICLE SOONER. EXCLUSIVE TO OUR EXISTING FINANCE/LEASE CUSTOMERS.

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

2014 Ram 1500 Crew Cab Laramie Limited (EcoDiesel) shown. Late availability.§

GUTS · GLORY RAM

RAMTRUCKOFFERS.CA

Wise customers read the fine print: », €, •, *, †, Ω, § The Motor Trend Truck of the Year Sales Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after February 1, 2014. Offers subject to change and may be extended without notice. All pricing includes freight ($1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. »$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before February 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. €$10,000 in Total Discounts is available on new 2014 Ram 1500 models (excluding Reg Cab) and consists of $8,500 in Consumer Cash Discounts and $1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. •$26,295 Purchase Price applies to the new 2014 Ram 1500 Quad Cab SXT 4x4 (25A+AGR) only and includes $8,500 Consumer Cash Discount and $1,500 in Bonus Cash. *Consumer Cash Discounts are offered on select 2014 vehicles and are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) models through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of $26,295, with a $0 down payment, financed at 0% for 96 months equals 208 bi-weekly payments of $150 with a cost of borrowing of $4,816 and a total obligation of $31,111.33. ΩFinance Pull-Ahead Bonus Cash is available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Fiat models at participating retailers from February 1, 2014 to February 28, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. §2014 Ram 1500 Crew Cab Laramie Limited (EcoDiesel) shown. Late availability. ≠Based on *Automotive News* classification and 2013/2014 Ram 1500 3.6 L V6 4x2 and 8-speed transmission. 11.4 L/100 km (25 MPG) City and 7.8 L/100 km (36 MPG) Highway. Based on 2013 EnerGuide fuel consumption guide ratings published by Natural Resources Canada. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. Ask your retailer for complete EnerGuide information. **Based on Chrysler Group internal fuel economy ratings. =Based on longevity of entire Ram large pickup segment compared to all competitive large pickups on the road since 1988. Longevity based on R. L. Polk Canada, Inc. Canadian Vehicles in Operation data as of November 1, 2013 for model years 1988-2013 for all large pickups sold and available in Canada over the last 25 years. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Horoscopes

♈ Aries
March 21 - April 20
You may find it hard to predict what others are going to do but there is no need to keep looking over your shoulder. Despite one or two minor setbacks today, the rest of the week will be to your liking.

♉ Taurus
April 21 - May 21
Two weeks from now, when the Sun moves into one of the more positive areas of your chart, you will get the chance to do your thing. Until then, accept that others are still calling the shots.

♊ Gemini
May 22 - June 21
If you want to impress people, you had better be quick because as of tomorrow it won't be so easy. Maybe you should give up trying so hard and impress the one person who really counts — yourself.

♋ Cancer
June 22 - July 23
Inspiration will come easy to you today but no matter how fast your mind is working don't try to turn ideas into reality until later in the month. Carry a notepad with you and keep a "To Do" list.

♌ Leo
July 24 - Aug. 23
Anyone who thinks they can trick you into doing something that isn't in your interests is in for an awakening. Someone will try to put one over on you today but will end up looking foolish.

♍ Virgo
Aug. 24 - Sept. 23
Someone you have to deal with over the next 24 hours will talk non-stop without saying much of any great substance. Ignore them.

♎ Libra
Sept. 24 - Oct. 23
Something you hear on the work front could benefit you but only if you act quickly. You are not the only one who is looking to get ahead.

♏ Scorpio
Oct. 24 - Nov. 22
You know what it is you desire and you know what needs to be done to get it, so stop playing around and get serious about your ambitions. Time is running out.

♐ Sagittarius
Nov. 23 - Dec. 21
You need to talk through issues that have been making life difficult for you. Someone needs to take the lead and according to the planets that someone will have to be you.

♑ Capricorn
Dec. 22 - Jan. 20
You'll learn something to your advantage today but you must keep it to yourself. The urge to tell others may be strong but if you do they may try to benefit. There is only so much cash to go around.

♒ Aquarius
Jan. 21 - Feb. 19
Take a good look at what is annoying you and ask yourself how important it really is. Most likely you will come to the conclusion that it's not worth another minute of your time or emotional energy. So forget it.

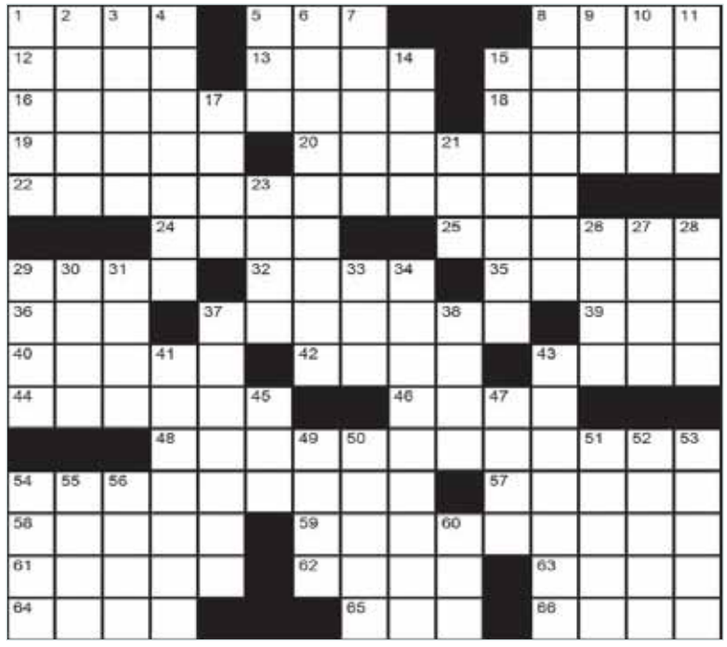
♓ Pisces
Feb. 20 - March 20
Whatever you start today will most likely be a success, but as from tomorrow you won't be quite so lucky, so if there is something that simply has to be done you are advised to get on with — now.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

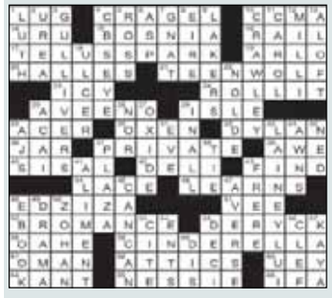
BY KELLY ANN BUCHANAN



Across
1. Berth
5. Electric guitar need
8. Recede
12. Data
13. Rivers: Spanish
15. Ms. Shire
16. Tiny amount
18. Leaves off
19. ___ letter (Use the post)
20. Royal visit meet-and-greet
22. TV crew pro: 2 wds.
24. "The English word 'or' is known __ '__' in French."
25. 'A' of A-bomb
29. TV clicker button
32. __-dokie
35. Matrikin
36. Chopper
37. Beach Volleyball great, Misty May-__
39. Vintage auto
40. Billy Joel's "__ Man"
42. Intermission, __'acte
43. Model/actress Molly
44. High-__ (Overly energetic)
46. Flemish painter, Jacob van __ the Elder
48. Movie of 1993 based loosely on the Jamaican bobsled team of the 1988 Calgary Winter Olympics: 2 wds.
54. Canadian pairs figure skating greats/ Olympians, Sale and __
57. "_ __ to see the point?"
58. Extraterrestrial
59. Pacific or Atlantic expanse
61. Sky sight
62. Longing-for sound
63. "Yippee!" of yore
64. Mr. Olin's
65. Cake make, Sara __
66. Library furniture piece

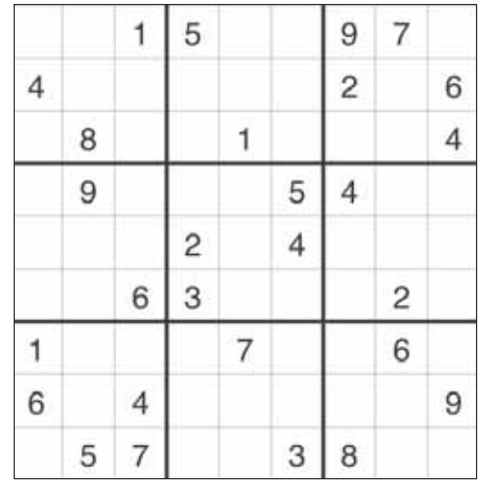
Down
1. Bette Midler, The Divine __ _
2. Annually, __ _ year
3. Out __ __ = It's time to get more toner
4. __ Provincial Park in Morpeth, ON; or, form of French poetry
5. Actress Ms. Meyers
6. "Happy Days" city
7. Of the Arctic
8. Southwestern Ontario county where Sarnia is located
9. Assortment
10. 'If you', in French: 2 wds.
11. The Middle __
14. 2010 Angelina Jolie movie
15. __ oven
17. Ancient T's
21. Car company
23. Ricky Nelson's "__ Little Fool"
26. Husband: French
27. Detail
28. Business bosses, briefly
29. Cartographer's creations
30. Emergency __ (Building sign)
31. Draw close
33. Mr. Somerhalder
34. Jeremy Piven's old show
37. Ad nauseam: 3 wds.
38. Bar query, "Straight __ __ the rocks?"
41. Core part
43. Squelched
45. Obtained
47. Miffy mood
49. Driving needs, for short
50. Fix that squeak once more
51. Gullible
52. Canadian singer Mr. Vannelli's
53. Streamlined
54. Bunch
55. Montreal pronoun
56. Detroit football player
60. He's opposite

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

7	1	6	2	3	9	5	4	8
9	8	3	4	5	6	1	7	2
5	2	4	1	8	7	3	6	9
3	7	2	9	1	5	4	8	6
1	5	9	6	4	8	2	3	7
4	6	8	7	2	3	9	1	5
2	9	7	3	6	4	8	5	1
8	3	1	5	7	2	6	9	4
6	4	5	8	9	1	7	2	3

Today
-7°/-19°
Light snow
70%

Thursday
-8°/-14°
Variable

Know what the weather will be 14 days from now.
Check the 14 day trend.

©The Weather Network 2014

FEELING GRAY? GOT THE WINTER BLUES?
Show us how you wear colour & become a global street style star
MODMODS.COM MONTH OF COLOUR
MODMODS.COM • A NEW SITE FOR THE LATEST IN STREET STYLE • FASHION • BEAUTY • TRENDS • BLOGS

GMC ALL-NEW 2014 SIERRA 1500

BEST EFFICIENCY[Δ] MOST FUEL-EFFICIENT V8 IN A PICKUP

BEST POWER[**] AVAILABLE 420 HP, 460 LB.-FT. OF TORQUE

BEST COVERAGE[▲] PRO GRADE PROTECTION

LEASE A 2014 SIERRA SLE DOUBLE CAB WITH SLE PREMIUM PACKAGE **$7,760** IN TOTAL VALUE[±]

$3,500 DISCOUNT, $2,260 NO-CHARGE PREMIUM PACKAGE, $1,000 LEASE CASH AND $1,000 TRUCK OWNER BONUS

AJAC www.ajac.ca
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

BEST NEW PICKUP

ALL 2014 GMC MODELS INCLUDE GMC PRO-GRADE PROTECTION:

- COMPLIMENTARY OIL CHANGES 2YR/40,000 km[▼]
- BASE WARRANTY 3YR/60,000 km[▲]
- POWERTRAIN WARRANTY 5YR/160,000 km[▲]
- ROADSIDE ASSISTANCE 5YR/160,000 km[▲]

ALL-TERRAIN DOUBLE CAB SHOWN

PLUS WE MAKE YOUR FIRST MONTH'S LEASE PAYMENT[∞]

2014 TERRAIN

Terrain SLE-1 shown

- BLUETOOTH® WITH USB
- TOUCHSCREEN DISPLAY
- POWER WINDOWS & LOCKS
- 6-SPEED AUTOMATIC TRANSMISSION
- BEST-IN-CLASS REAR SEAT LEGROOM[†]
- AIR CONDITIONING

INCLUDES REAR VISION CAMERA

LEASE $159 @ 0% FOR 48 MONTHS[▼]
LEASE BI-WEEKLY FOR 48 MONTHS[▼]. $1,795 DOWN PAYMENT. $0 SECURITY DEPOSIT.

ALL-NEW 2014 SIERRA DOUBLE CAB 4X4

Sierra 1500 Double Cab SLT 4x4 shown with available equipment[††]

LEASE $189 @ 1.5% FOR 36 MONTHS[▼]
LEASE BI-WEEKLY FOR 36 MONTHS[▼]. $1,050 DOWN PAYMENT. $0 SECURITY DEPOSIT. TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI, LEVIES & $4,000 CREDIT[♦].

Visit us at: **BUYGMC.CA**

TO GUARANTEE OUR QUALITY, WE BACK IT **160,000-KM/5-YEAR** POWERTRAIN WARRANTY[▲]

[▲] Whichever comes first. See dealer for limited warranty details.

GMC WE ARE PROFESSIONAL GRADE

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.[***]

For the latest information, visit us at GMC.gm.ca, drop by your local GMC Dealer or call us at 1-800-GM-DRIVE. ΔWhen equipped with available 6.2L EcoTec3 V8 engine (available to order fall 2013). Class is Light-Duty Full-Size Pickups. ** Requires 2WD Double or Crew Cab with available 6.2L EcoTec3 V8 engine and Max Trailering Package. Maximum trailer weight ratios are calculated assuming a base vehicle, except for any option(s) necessary to achieve the rating, plus driver. The weight of other optional equipment, passengers and cargo will reduce the maximum trailer weight your vehicle can tow. Comparison based on wardsauto.com 2013 Light-Duty Large Pickup segment and latest competitive data available. Excludes other GM vehicles. Class is Light-Duty Full-Size Pickups. ▼Based on a 48/36 month lease for 2014 GMC (Terrain SLE FWD 3SA/Sierra Double Cab 4x4 1SA). Annual kilometre limit of 20,000 km, $0.16 per excess kilometre. OAC by GM Financial. Monthly/bi-weekly payments may vary depending on down payment/trade. A down payment or trade of $0 and/or $0 security deposit is required. Total obligation is $18,377/$15,762. Option to purchase at lease end is $11,398/$17,055. Excess wear and tear and km charges not included. Other lease options available. ♦$4,000 is a manufacturer to dealer delivery credit (tax exclusive) for 2014 GMC Sierra 1500 Double Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ▼/♦/***/*/‡Freight & PDI, ($1,600/$1,650), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ††2014 Sierra 1500 SLT Double Cab 4WD, MSRP with freight PDI & levies $51,579. Dealers are free to set individual prices. †Comparison based on 2013 Polk segmentation: Compact SUV and latest competitive data available and based on the maximum legroom available. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ±For retail customers only. $3,500 manufacturer-to-dealer credit available on cash, finance or lease purchases of 2014 MY GMC Silverado 1500 Double Cab and 1500 Crew Cab. $1000 Lease Cash manufacturer-to-dealer credit available on lease acquisitions of 2014 MY GMC Silverado 1500 Double Cab. Dealers may sell for less. Other cash credits available on most models. See participating dealer or chevrolet.ca for details. Offers end March 3, 2014. Special Edition Package (PDU) includes credit valued at $2,265 MSRP. Offer only valued from January 3, 2014 to March 3, 2014 (the "Program Period") to retail customers who own or are currently leasing (during the Program Period) a GM or competitor pickup truck to receive a $1,000 credit towards the purchase, finance or lease of an eligible new 2014 MY Chevrolet Silverado Light Duty, or Chevrolet Silverado Heavy Duty. Only (1) credit may be applied per eligible vehicle sale. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $1,000 credit includes HST/GST/QST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership. GMCL reserve the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. ∞Offer valid only to eligible retail lessees in Canada who have obtained credit approval by GM Financial, have entered into a lease agreement with GM Financial, and who accept delivery from January 3, 2014 through February 28, 2014 of a new eligible 2014 model. General Motors of Canada will pay the first month's lease payment (inclusive of taxes). $0 first month lease payment means no bi-weekly payments will be due in the first month of your lease agreement. After the first month, lessee will be required to make all remaining scheduled payments over the remaining term of the lease agreement. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserve the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See dealer for details. ¥The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 kms, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details.